



INFANT TREATMENT BASED ON NDT PRINCIPLES

WITH LOIS BLY, MA, PT, NDT COORDINATOR INSTRUCTOR

2 COURSE DATES TO CHOOSE FROM:

FRIDAY, MAY 19 – SATURDAY, MAY 20, 2017

MONDAY, MAY 22 - TUESDAY, MAY 23, 2017

Therapy West Inc./pLAy Studio

18333 S. Main Street

Gardena, CA 90248

Contact: (310) 892-3174 or dkiefer@therapywest.org

Course Description

This two-day course (15 contact hours) is designed for experienced physical and occupational therapists and speech language pathologists currently working with babies. Lecture information will focus on NDT Infant Treatment Principles. Labs and videotapes will be used to problem solve system impairments for infants in general, and for the specific infants who will be treated in demonstration sessions. Labs with dolls will augment the therapist's understanding of infant treatment techniques. Participants should wear comfortable clothes for labs. The book by Lois Bly, Baby Treatment Based on NDT Principles will be used as the text.

Program Objectives

UPON COMPLETION OF THE COURSE, PARTICIPANTS WILL BE ABLE TO:

1. Identify and list NDT principles of infant treatment.
2. Identify and list stress signs
3. Describe the importance of play as a modality for infant treatment.
4. Observe and critically analyze demonstrations of baby assessment, treatment techniques and sequences.
5. Identify system impairments in babies with varied presentations while watching videotapes of infant assessments and live treatment demonstrations.
6. Reproduce treatment facilitation techniques with dolls.

Participant Requirements

This intermediate-level course is open to physical therapists, occupational therapists, and assistants. Participants should wear comfortable clothing for labs. **Each participant MUST have a soft doll with flexible joints for the course (recommended 25" doll from www.monamiedolls.com).** Recommended textbooks is Lois Bly's *Baby Treatment Based on NDT Principles* (can be purchased from www.proed.inc). Please order materials well in advance of the course.

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About the Instructor

Lois Bly, PT, MA, C/NDT, is an NDTA Coordinator Instructor and clinician who has offered seminars, workshops and NDT certification courses throughout the United States, and many other countries. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London, and received her NDT Instructors Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Masters Degree in Motor Learning at Teachers College, Columbia University.

Ms. Bly is the author of the monograph, Components of Normal Movement During the First Year of Life and Abnormal Motor Development, and the Book & Checklist: Motor Skills Acquisition in the First Year, and Baby Treatment Based on NDT Principles, and co-author with Allison Whiteside of the book Facilitation Techniques Based on NDT Principles. Most recently, 2011, she published a monograph, Components of Typical and Atypical Motor Development.

In 2000 she received the NDTA Award of Excellence in 2000.

In 2009 she received the APTA Pediatric Section Jeanne Fischer Mentorship Award.

Schedule

DAY 1

7:30	Registration
8:00	Introduction
8:15	Lecture & Lab: Essentials of Baby Treatment
12:00	Lunch
1:00	Videotape of Baby for demo
2:00	Treatment Demonstration
3:00	Discussion
3:45	Lab with Dolls
5:00	Adjourn

DAY 2

8:00	Identify Stress Signs
10:00	Why is Play Important?
11:00	Discussion and Lab with Dolls
12:00	Lunch
1:00	Lab with Dolls
2:00	Videotape of Baby for Demo
3:00	Treatment Demonstration
4:00	Discussion and Lab with Dolls
5:00	Adjourn

15 minute breaks will be provided in the morning & afternoon each day

Registration Information & Cancellation Policy

Email confirmation will be sent upon receipt of payment. Please note that payments received within 14 days of the course must be made with a credit card. Travel information (ie hotel accommodations, etc) available upon request. Please DO NOT make travel or hotel accommodations until you have received confirmation of your registration.

There will be a \$50 processing fee for cancellation by a participant. In the event of course cancellation by Therapy West, Inc., a full refund will be provided.

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Registration for MAY 19-20 (Please mark one): ☐ \$450 Standard Registration ☐ \$425 Group Registration (3 or more participants registering simultaneously) Registration for MAY 22-23 (Please mark one): ☐ \$450 Standard Registration ☐ \$425 Group Registration (3 or more participants registering simultaneously)	
Optional Panera Lunch Option: For an additional \$15/day , a Panera lunch will be delivered at the start of break. If interested, please indicate your selection for day(s) in which you are interested. For example, mark "F" for Friday, "S" for Saturday, "M" for Monday, etc: ☐ Roasted Turkey & Avocado Sandwich ☐ Bacon Turkey Bravo Sandwich ☐ Chicken Cobb Salad w/Avocado ☐ Greek Salad w/Chicken *Sandwiches come with chips; salads come with baguette. Drinks will be provided.	
TOTAL	

Name: _____

Phone: (_____) _____

Email Address (REQUIRED): _____

Profession (please circle): PT / OT / PTA / COTA / OTA / SLP

PAYMENT METHODS – Check or Credit Card

1. **Check:** Payable to Therapy West. Please fax registration form to (719) 481-3635 & mail check to:

Therapy West, Inc.
 Attn: Gayle Ortiz
 8717 Venice Blvd
 Los Angeles, CA 90034

2. **Credit Card Number:** (VISA / MC / DISC) _____

Security Code: _____ Expiration Date: (____/____/____)

Name on card & Billing Address: _____

Signature: _____

EMAIL registration form to dkiefer@therapywest.org or FAX to (719) 481-3635