



Therapeutic Evaluation & Treatment of Toe Walking (Pediatric Equinus Gait)

WITH LIESA PERSAUD, PT, DPT, PCS, CKTP

FRIDAY, MARCH 9 – SATURDAY, MARCH 10, 2018
WITH ADD-ON OPTION OF THIRD DAY ON MARCH 11, 2018

Therapy West Inc./pLAy Studio
18333 S. Main Street
Gardena, CA 90248
Contact: (310) 892-3174 or dkiefer@therapywest.org

Course Description

This 2 or 3 day workshop covers therapeutic evaluation & treatment of pediatric equinus gait ("toe walking"). It is common for the practitioner to feel lost when a child presents with a toe walking gait pattern. Both evaluation and treatment of these children are often frustrating for all involved and frequently results in inaccurate evaluation with ineffective intervention and poor achievement of results. Long term results are rarely achieved with either resultant surgical intervention and/or a reoccurrence of the problem. However, establishing a specific approach to treating this type of patient can be made less frustrating and more rewarding by asking the right questions and forming a deliberate approach. This course is excellent for alleviating a chaotic approach to the treatment of pediatric toe walking. Through an organized evaluation procedure, specific data will be used to direct the clinician to potential etiologies. Causes and appropriate intervention strategies are identified in order to utilize a systematic approach to developing an effective treatment plan.

Days 1 & 2 challenged the clinician to ask the right questions and form a systematic approach to the child who "toe walks." Chaos was replaced with clarity through organized management.

As requested by previous participants, Day 3 continues with additional information regarding: *Primitive & postural reflexes: influence & mediation

*Modification of shoes & orthoses: practical application

*Vision: implications, assessment, & intervention

Previously introduced, the Act! (Assessment Criteria for Toe walking) is further utilized in a guided, evidence-based, detailed, decision making process to design treatment sessions & implement long term treatment plans. Clinical application skills are enhanced via the design of detailed evaluation & treatment plans by using case studies, videos & objective data. *APPLIES TO OTHER MOVEMENT DISORDERS*

Program Objectives

UPON COMPLETION OF THE COURSE, PARTICIPANTS WILL BE ABLE TO:

- IDENTIFY specific pathologies relevant to pediatric equinus gait.
- DEVELOP an organized evaluation approach and use the data to determine various etiologies of pediatric equinus gait.
- DISCUSS etiology-specific & age-appropriate assessment & management strategies for this population.
- APPLY effective examination, evaluation, intervention and treatment strategies to toe walking in the pediatric population.
- DESIGN an effective & individualized treatment plan for the pediatric patient.
- EXPLAIN the future consequences of incorrect intervention.
- GAIN confidence with the evaluation and treatment of pediatric toe walking.

TOE WALKING

About the Instructor

Liesa M. Persaud, PT, DPT, PCS, CKTP is a licensed physical therapist with 25 years experience in the field of adult and pediatric therapy. Ms. Persaud is a practicing physical therapist at Tulsa Sunshine Center in Oklahoma, where she provides Animal Assisted Therapy with her Border Collie, Serendipity. Additionally, Liesa is owner of Know to Change, PLLC in Skiatook, Oklahoma, and has educated health care professionals, both nationally and internationally, in advanced treatment techniques, specialized practical training and consultative services. She has worked in a variety of settings, including private pediatric and adult clinics, schools, private homes, hospitals and long-term care facilities. Ms. Persaud is a Credentialed Clinical Instructor and has taught human anatomy, physiology and nutrition at Tulsa Community College. She received her Associate's Degree in 1993 from Tulsa Junior College and worked as a physical therapist assistant while completing her Bachelor of Science Degree in Organizational Leadership from Southern Nazarene University in Tulsa, Oklahoma. Ms. Persaud earned her Master's Degree in Physical Therapy from the University of Findlay in Findlay, Ohio in 2003 and continued to expand her expertise in the field. She received her post-graduate Doctorate from Rocky Mountain University of Health Professions and is a Board Certified Specialist in Pediatric Physical Therapy. Ms. Persaud's passion for travel has lead her to teach & treat overseas in Australia, New Zealand, Turkey, the Arab Emirates & Mexico. She will go to Ukraine & Palestine in December 2017, & Poland & South Africa in 2018. Her wide range of clinical experience, organizational leadership, and proficient teaching skills make Liesa an exciting and compelling instructor.

Participant Requirements

This entry-level course is open to physical therapists, occupational therapists, and assistants.

Cancellation Policy

There will be a \$50 processing fee for cancellation by a participant more than 14 days prior to the course. No refunds will be given for cancellations within 14 days of the course; however, registrations may be applied towards a future seminar with a \$50 processing fee. In the event of course cancellation by Therapy West, Inc., a full refund will be provided.

SPACE IS LIMITED!! EARLY REGISTRATION IS HIGHLY RECOMMENDED.

TOE WALKING

Registration: ___ \$450 Standard Registration ___ \$425 Group Registration (3 or more participants registering simultaneously) ___ \$125 Add-on optional third day (March 11, 2018)	
Optional Panera Lunch Option: For an additional \$15/day , a Panera lunch will be delivered at the start of break. If interested, please indicate your selection for day(s) in which you are interested. For example, mark, "F" for Friday, "SAT" for Saturday, "SUN:" for Sunday: ___ Roasted Turkey & Avocado Sandwich ___ Bacon Turkey Bravo Sandwich ___ Chicken Cobb Salad w/Avocado ___ Greek Salad w/Chicken *Sandwiches come with chips; salads come with baguette. Drinks will be provided.	
TOTAL	

Name: _____

Phone: (_____) _____

Email Address (REQUIRED): _____

Profession (please circle): PT / OT / PTA / COTA / OTA / SLP

REGISTRATION & PAYMENT METHODS:

1. **Online:** Register online at www.therapywest.org and pay with PayPal

2. **Register via email.** Email form to dkiefer@therapywest.org

Form should include payment information below:

Check: Payable to Therapy West. Please send check to:
Therapy West, Inc., Attn: Jhoanna Swan
11605 Washington Blvd
Los Angeles, CA 90066

Credit Card Number: _____

VISA / MC / DISC Security Code: _____ Expiration Date: (_____/_____) _____

Name on card & billing address: _____

Signature: _____

Registration Information & Cancellation Policy

Email confirmation will be sent upon receipt of payment. Payments received within 14 days of the course must be made with a credit card. Please DO NOT make travel or hotel accommodations until you have received confirmation of your registration. There will be a \$50 processing fee for cancellation by a participant. In the event of course cancellation by Therapy West, Inc., a full refund will be provided.