



INFANT TREATMENT BASED ON NDT PRINCIPLES

WITH LOIS BLY, MA, PT, NDT COORDINATOR INSTRUCTOR

2 COURSE DATES TO CHOOSE FROM:

FRIDAY, AUGUST 2– SATURDAY, AUGUST 3, 2019

MONDAY, AUGUST 5 - TUESDAY, AUGUST 6, 2019

**Therapy West Inc./pLAy Studio
18333 S. Main Street
Gardena, CA 90248**

Contact: Anne Osborn at proworkshops@therapywest.org

Course Description

This two-day course (15 contact hours) is designed for experienced physical and occupational therapists and speech language pathologists currently working with babies. Lecture information will focus on NDT Infant Treatment Principles. Labs and videotapes will be used to problem solve system impairments for infants in general, and for the specific infants who will be treated in demonstration sessions. Labs with dolls will augment the therapist's understanding of infant treatment techniques. Participants should wear comfortable clothes for labs. The book by Lois Bly, [Baby Treatment Based on NDT Principles](#) will be used as the text.

Program Objectives

UPON COMPLETION OF THE COURSE, PARTICIPANTS WILL BE ABLE TO:

1. Identify and list NDT principles of infant treatment.
2. Identify and list stress signs
3. Describe the importance of play as a modality for infant treatment.
4. Observe and critically analyze demonstrations of baby assessment, treatment techniques and sequences.
5. Identify system impairments in babies with varied presentations while watching videotapes of infant assessments and live treatment demonstrations.
6. Reproduce treatment facilitation techniques with dolls.

Participant Requirements

This intermediate-level course is open to physical therapists, occupational therapists, and assistants. Participants should wear comfortable clothing for labs. **Each participant MUST have a soft doll with flexible joints for the course (recommended 25" doll from www.monamiedolls.com).** Recommended textbooks is Lois Bly's *Baby Treatment Based on NDT Principles* (can be purchased from www.proedinc.com). Please order materials well in advance of the course.

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About the Instructor

Lois Bly, PT, MA, C/NDT, is an NDTA Coordinator Instructor and clinician who has offered seminars, workshops and NDT certification courses throughout the United States, and many other countries. Ms. Bly was certified in Neuro-Developmental Treatment by the Bobaths in London, and received her NDT Instructors Certification from Mary Quinton and Dr. Elsbeth Koeng of Switzerland. She received her Masters Degree in Motor Learning at Teachers College, Columbia University.

Ms. Bly is the author of the monograph, Components of Normal Movement During the First Year of Life and Abnormal Motor Development, and the Book & Checklist: Motor Skills Acquisition in the First Year, and Baby Treatment Based on NDT Principles, and co-author with Allison Whiteside of the book Facilitation Techniques Based on NDT Principles. Most recently, 2011, she published a monograph, Components of Typical and Atypical Motor Development.

In 2000 she received the NDTA Award of Excellence and in 2009 she received the APTA Pediatric Section Jeanne Fischer Mentorship Award.

Schedule

DAY 1

7:30	Registration
8:00	Introduction
8:15	Lecture & Lab: Essentials of Baby Treatment
12:00	Lunch
1:00	Videotape of Baby for demo
2:00	Treatment Demonstration
3:00	Discussion
3:45	Lab with Dolls
5:00	Adjourn

DAY 2

8:00	Identify Stress Signs
10:00	Why is Play Important?
11:00	Discussion and Lab with Dolls
12:00	Lunch
1:00	Lab with Dolls
2:00	Videotape of Baby for Demo
3:00	Treatment Demonstration
4:00	Discussion and Lab with Dolls
5:00	Adjourn

15 minute breaks will be provided in the morning & afternoon each day

Registration Information & Cancellation Policy

Email confirmation will be sent upon receipt of payment. Please note that payments received within 14 days of the course must be made with a credit card/Pay Pal. Travel information (ie hotel accommodations, etc.) available upon request. Please DO NOT make travel or hotel accommodations until you have received confirmation of your registration.

There will be a \$50 processing fee for cancellation by a participant. In the event of course cancellation by Therapy West, Inc., a full refund will be provided.

SPACE IS LIMITED!! EARLY REGISTRATION IS HIGHLY RECOMMENDED.

INFANT TREATMENT

Registration for AUGUST 2-3 (Please mark one):

___ \$475 Standard Registration

___ \$450 Group Registration (3 or more participants registering simultaneously)

Registration for AUGUST 5-6 (Please mark one):

___ \$475 Standard Registration

___ \$450 Group Registration (3 or more participants registering simultaneously)

TOTAL

Name: _____

Phone: (_____) _____

Email Address (REQUIRED): _____

Profession (please circle): PT / OT / PTA / COTA / OTA / SLP

PAYMENT METHODS –

1. **Online:** Register online at www.therapywest.org and pay with PayPal

2. **Register via email.** Email form to proworkshops@therapywest.org
Form should include payment information below:.

Check: Payable to Therapy West. Please send check to:
Therapy West, Inc., Attn: Lauren Hong
11605 Washington Blvd
Los Angeles, CA 90066

Credit Card Number: _____

VISA / MC / DISC Security Code: _____ Expiration Date: (____/____)

Name on card & billing address: _____

Signature: _____