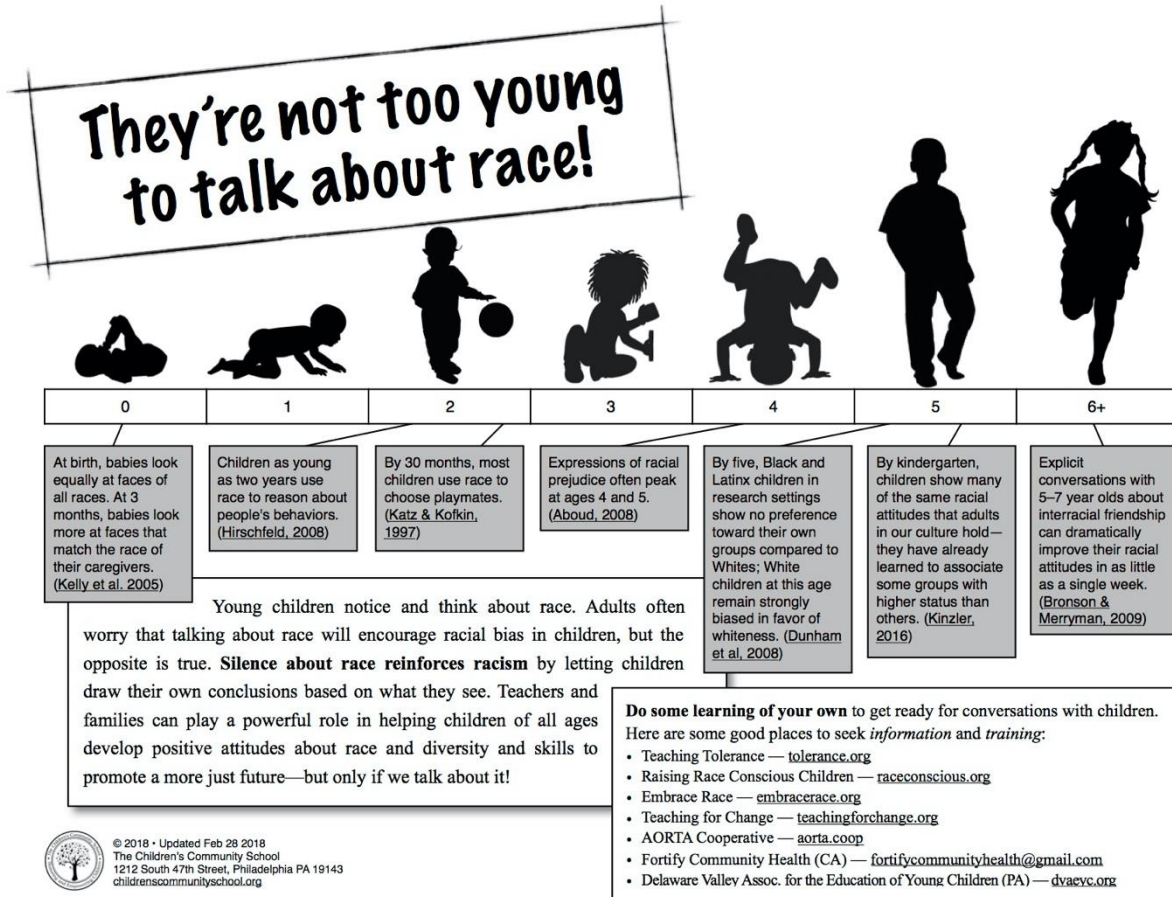




Therapy West, Inc. & pLAY Studio

A friendly place to play and grow

Owners: E. Imperatore Blanche, PhD, OTR/L, FAOTA • B. Nakasuji, OTD, OTR/L, FAOTA • D. Kiefer, OTD, OTR/L • J. Gunter, OTD, OTR/L



© 2018 • Updated Feb 28 2018
The Children's Community School
1212 South 47th Street, Philadelphia PA 19143
childrenscommunityschool.org

TALKING TO YOUR KIDS ABOUT RACE AND DIVERSITY

Kids are sponges and absorb what they are taught, what they see and what they hear.

It is important to show them all the cultures, races, abilities, and differences that exist in our world. We hope this list of toys, books, and informative resources helps you create an inclusive environment.

INCLUSIVE PARENTS

- Teach their kids that people matter more than skin color
- Make sure their child's library is racially diverse
- Share movies and shows featuring people of color with their kids
- Talk about privilege and what it means

ANTI-RACIST PARENTS

- Teach their kids that skin color deeply affects how people view us
- Intentionally include books that go beyond slavery + the civil rights movement
- Use media to point out examples of racism + stereotypes
- Give children contextual examples of their privilege, like being able to shop without being followed

@curious.parenting

Toys : Use toys that represent various cultures, races, and ethnicities to help your child learn about them!



Constructive Playthings Wooden
Community Helpers, Set of 25
Pieces for Block Play



Family Builders Set
normanandjules.com



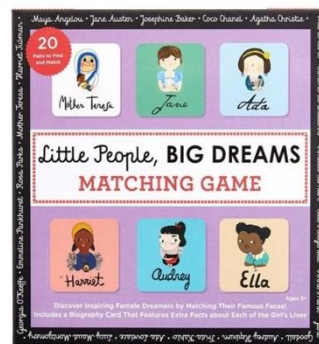
People Colors Crayon
Lakeshore, Crayola
also has a set!



Sushi Slicing Wooden Play
Food Set
melissaanddoug.com



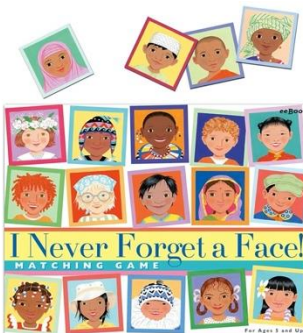
Hijab Dolls with
Purses
Etsy



Little People Big Dreams
Matching Set
crateandbarrel.com



Friends with Diverse Abilities
Figures
Target



I Never Forget a Face
Matching Game
Amazon, Eeboo



Barbie Fashionistas Doll With
Vitiligo
Walmart



Constructive Playthings Swaddle
Culturally Diverse Babies and
Matching Pockets
Amazon

Books: Books are great to help teach children about serious and important topics! You can also use books to show diverse characters! Children should see people like themselves reflected in books, as well as cultures and backgrounds they do not see in their daily life.



Children's Books About Diversity That Celebrate Our Differences!

Bookriot.com



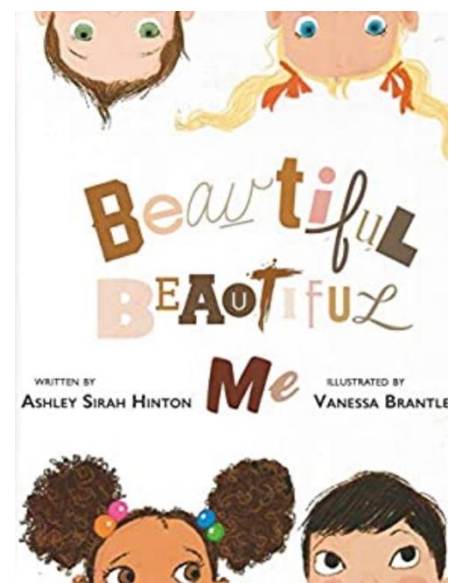
Instagram: booksfordiversity



Instagram: diversereads



Instagram: inclusivestorytime



Beautiful Beautiful Me
Amazon
Support your local authors!



Youtube Read Aloud:

<https://www.youtube.com/watch?v=LnaltG5N8nE>



Check out: Happytoddlerplaytime.com

For Parents: You can watch this video on YouTube

<https://www.youtube.com/watch?v=QRZPw-9sJtQ>



Therapy West is dedicated to creating and maintaining a diverse, inclusive, and anti-racist environment for all of our children, families, and employees. Let us know if you have any suggestions to keep the conversation going!

Sources:

<https://www.bestproducts.com/parenting/g32781476/diverse-multicultural-toys-for-kids/>
<https://theeverymom.com/20-awesome-diverse-toys-for-kids-that-make-great-gifts/>
<https://bookriot.com/childrens-books-about-diversity/>