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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066

18333 South Main Street, Gardena, CA 90248

310.337.7115





Sign up for our newsletter

[Here](#)



SIGN UP TODAY!



Now Enrolling **Kids Scouts** **(social skills group)**

ages 3-6 years old and 7-10 years old

Mondays

3-4:30pm (3-6 yrs)

4:30-6pm (7-10 yrs)

Locations: Los Angeles
11460 W. Washington Blvd.
Los Angeles, CA 90066
and Community Settings (TBD)

For Regional Center clients, ask your service coordinator if your child is eligible.

If you are not a Regional Center client, we have private pay options available at \$320/month!

For more information, please call us at
310-337-7115 ext. 113 or email us at
outreach@therapywest.org



COVID-19 REPORTING FORM

DEAR PARENTS;
IN ORDER TO DECREASE THE TRANSMISSION OF
COVID 19, WE HAVE DEVELOPED A FORM FOR
EASE OF COMMUNICATION ABOUT EXPOSURE TO
THE VIRUS. HERE IS THE LINK FOR YOU TO
COMMUNICATE DIRECTLY WITH US WHEN YOU OR
YOUR CHILDREN HAVE TESTED POSITIVE TO
COVID 19. THANK YOU FOR YOUR COOPERATION
WITH THIS MATTER.

PLEASE VISIT THE LINK BELOW



COVID REPORTING LINK

Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

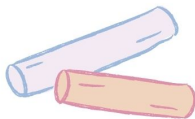
MONTHLY OT/PT/ST TIPS!!!

occupational therapy tip!

*Remember to make it a fun experience for the child and supervise all activities for safety.

September is back to school month! It's a great time to support your child's fine motor, visual motor skills which are important for school tasks such as handwriting!

See below for some fun back to school activity suggestions to help children build their fine motor skills for handwriting



FOR TODDLERS:

Work on pre-writing skills such as grasping small objects, use small broken crayons to color to encourage development of using a more refined grasp on objects, draw and scribble on large surfaces such as butcher paper, chalk on the sidewalk to work on strengthening their upper extremity muscles as these are also important if development and support of more refined skills at the hand



FOR SCHOOL AGED KIDS:

Practice writing or drawing in different ways without using a pencil! Draw in the sand with a stick or finger, make letters and shapes out of different media (e.g., playdoh, popsicle sticks, wikki stix), make a 'clay tray' and draw on it (flatten clay in a baking sheet or pie tine until about 1/2 " to 1 " thick)

physical therapy tip!

WHY YOU SHOULDN'T 'W' SIT



What is 'W' sitting?

- When a child sits on the floor with their bottom between their feet with their knees bent and hips turned in
- See picture to the left

Why is 'W' sitting bad?

- Limits active trunk control and development of the trunk/core musculature required for independent sitting
- Can lead to tightness and contractures of the hamstrings, heel cords and internal rotators of the hip which can affect their balance, coordination, and development of motor skills
- Decreases the amount of trunk rotation and their ability to cross midline
- Can lead to knee pain and injuries during adolescence and on into adulthood
- Can limit active participation in activities as mobility is limited

Why do children 'W' sit?

It gives the child a wide base of support to compensate for:

- Low muscle tone
- Hypermobile joints
- Poor sitting balance
- Poor trunk control/strength/endurance



What are alternative positions?

- Tailor sitting (aka 'Criss Cross Applesauce')
- Bench sitting (sitting on a chair, yoga block, etc.)

speech therapy tip!

DIRTY CLOTES, CLEAN CLOTHES

communication opportunities



WHOSE CLOTHES IS IT? WHERE DOES THE CLOTHING GO?

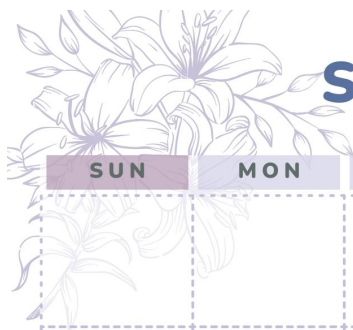
Incorporate pronouns and people concepts such as mine, yours, Mom's, Dad's, brothers, sisters, etc. when sorting laundry into piles

Create the opportunity to talk about clothing and body parts they go on. such as- "socks go on your feet"

CONCEPTS

- pronouns
- colors
- sizes
- right/left
- same/different
- body parts

CALENDAR OF EVENTS



SEPTEMBER 2023

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4 TW Closed	5  National Cheese Pizza Day	6	7	8	9
10	11	12	13	14	15	16
17  National Dance Day	18	19	20	21	22  National Ice Cream Cone Day	23
24	25	26	27	28	29	30



TWISPP MONTHLY THEME

September 2023

THIS MONTH

THEME:
ALL ABOUT ME

CONCEPT:
BODY PARTS

COLORS:
PURPLE

SHAPE:
OVAL

BOOKS OF THE MONTH

"From Head to Toe"
by Michael Rosen

SONGS OF THE MONTH

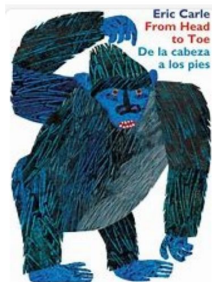
"Head, Shoulders, Knees, and Toes"

"Hokey Pokey"

"Put Your Finger On Your Nose"

PEP TALKS

PLEASE CHECK BACK AT YOUR
LOCATION FOR A
PEP TALK SIGN UP SHEET



See additional flyer for more information.
All PEP Talks will be hosted via zoom. Ask
your teacher for the link to join!

REMINDER:

**TWISPP IS CLOSED ON
MONDAY, 09/04/2023**

**IN OBSERVANCE OF
LABOR DAY**

If your child is schedule this day,
please talk with your TWISPP
teacher to reschedule to another
day (if space is available).

If you have any questions or
concerns, please give us a call at
(310) 337-7115 ext. 361 or email us at
twispp@therapywest.org

AMERICAN SIGN LANGUAGE

Learn Sign Language



"Feet"

To do the baby sign for Feet, Point with the index of dominant hand in the direction of the feet.

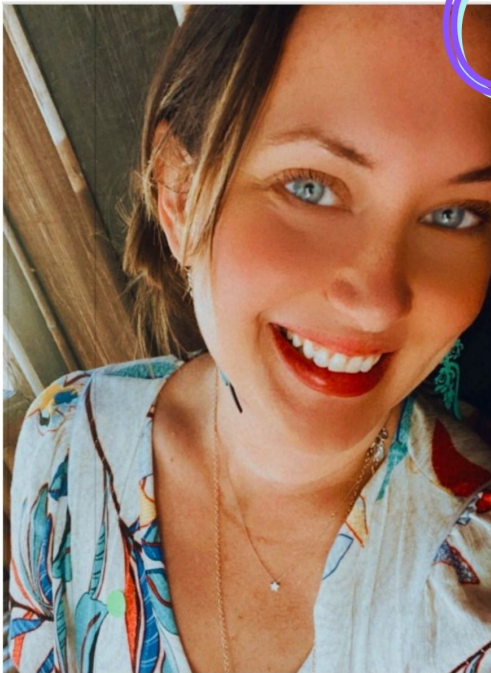


"Nose"

To do the baby sign for nose, point to the nose with index of dominant hand.



MEET OUR STAFF



CAROLYN

Carolyn Hatfield, MS, OTR/L holds a master's in occupational therapy and has been practicing since graduating in 2013. Her passion is in pediatrics with a focus on sensory integration. She has experience working in private clinics, long-term care facilities for children, hospitals, skilled nursing facilities, and working with children at their schools. Prior to moving to Los Angeles Carolyn worked in New York City with the pediatric population with a focus on sensory integration. She has also lived in Rome, Italy and Hawaii. In her spare time, Carolyn enjoys ballet, acting, drawing, listening to jazz, and being in nature, especially near the ocean. She has completed three mission trips to Ethiopia, Haiti, and the Bronx in New York City. Carolyn is very excited to be a new member of our team!

COMMUNITY EVENTS



PARTICIPATING LOCATIONS



SENSORY FRIENDLY SATURDAY

The **GRAMMY Museum** is teaming up with **Minibop Music** for a one of a kind sensory integration music class for our monthly Sensory Friendly Saturday program. Local families and members can enjoy our space with less crowding, quieter sound levels, lower lighting, breakfast and free admission to the GRAMMY Museum. In addition, guests ages 1-14 can participate in the free music class. Offered the 2nd Saturday of every month. Advanced registration is requested!

Email info@minibopmusic.com to register!



MANHATTAN VILLAGE'S MONTHLY KIDS CLUB

Published September 5, 2023



Date/Time

Date(s) - 09/05/2023

10:00 am - 12:00 pm

Location

Manhattan Village

3200 Sepulveda Blvd.

Manhattan Beach, CA, 90266

FREE

FREE FAMILY MOVIE NIGHTS

Published September 7, 2023

REDONDO BEACH PIER
FREE FAMILY MOVIE NIGHTS
Presented by Redondo Pier Association and Redondo Beach Children's & Women's Hospital Long Beach



SEPTEMBER 7 - 28, 2023
THURSDAYS 7:00 P.M.*

Fisherman's Wharf
Redondo Beach, CA 90277

Date/Time

Date(s) - 09/07/2023

7:00 pm

Location

Fisherman's Wharf

100 Fisherman's Wharf

Redondo Beach, CA, 90277

FREE

SPECIAL ANNOUNCEMENTS

UNDERSTANDING THE IEP PROCESS: A PARENT'S GUIDE TO COLLABORATION AND SUCCESS

TRAINING SERIES PRESENTED BY:
Lauren Black Ed.S.
EQUITY AND INCLUSION PROGRAM DIRECTOR, HOUGHTON MIFFLIN HARCOURT, FORMER SCHOOL PSYCHOLOGIST, LAUSD

**JULY 18TH
AUGUST 1ST
AUGUST 15TH
AUGUST 29TH
SEPTEMBER 12TH
SEPTEMBER 26TH
AT 6:30PM ON ZOOM**



SCAN ME [CLICK HERE TO REGISTER](#)

TOPICS

SPECIAL EDUCATION AND IEP OVERVIEW	✓	UNDERSTANDING THE IEP DOCUMENT AND THE PROCESS OF IDENTIFYING PLACEMENT (LRE, INCLUSION, ETC.)	✓
UNDERSTANDING ASSESSMENTS	✓	ACCOMMODATIONS, MODIFICATIONS AND ASSISTIVE TECHNOLOGY	✓
IEP PROCESS: HOW DO I PREPARE FOR THE IEP MEETING?	✓	PROCEDURAL SAFEGUARDS: RESOLVING DISAGREEMENTS	✓

WESTSIDE REGIONAL CENTER

COMPRENDIENDO EL PROCESO DE IEP: UN GUIA PARA PADRES SOBRE LA COLABORACIÓN Y ÉXITO

SERIE DE ENTRENAMIENTO PRESENTADO POR:
Lauren Black Ed.S.
DIRECTORA DEL PROGRAM DE EQUITAD Y INCLUSIÓN, HOUGHTON MIFFLIN HARCOURT, ANTERIORMENTE PSICÓLOGA ESCOLAR, LAUSD

**JULY 18TH
AUGUST 1ST
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A LAS 6:30PM VIA ZOOM**



SCAN ME [OPRIMA AQUI PARA REGISTRARSE](#)

TEMAS

DESCRIPCIÓN GENERAL DE LA EDUCACIÓN ESPECIAL Y EL IEP	✓	COMPRENDER EL DOCUMENTO DE IEP Y EL PROCESO DE IDENTIFICAR LA COLOCACIÓN (LRE, INCLUSIÓN, ETC.)	✓
COMPRESIÓN DE LAS EVALUACIONES	✓	ALOJAMIENTOS, MODIFICACIONES, Y TECNOLOGÍA ASISTIDA	✓
PROCESO DEL IEP: ¿COMO ME PREPARO PARA LA REUNIÓN DE IEP?	✓	GARANTÍAS PROCESALES: RESOLVIENDO DESACUERDOS	✓

WESTSIDE REGIONAL CENTER

IEP Process: regional center YouTube video

waterbeads : DANGER WARNING



[Click here for more info](#)

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11460 West Washington Blvd., Los Angeles, CA 90066*

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