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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066

18333 South Main Street, Gardena, CA 90248

310.337.7115





Sign up for our newsletter

[Here](#)





COVID-19 REPORTING FORM

**DEAR PARENTS;
IN ORDER TO DECREASE THE TRANSMISSION OF
COVID 19, WE HAVE DEVELOPED A FORM FOR
EASE OF COMMUNICATION ABOUT EXPOSURE TO
THE VIRUS. HERE IS THE LINK FOR YOU TO
COMMUNICATE DIRECTLY WITH US WHEN YOU OR
YOUR CHILDREN HAVE TESTED POSITIVE TO
COVID 19. THANK YOU FOR YOUR COOPERATION
WITH THIS MATTER.**

PLEASE VISIT THE LINK BELOW



COVID REPORTING LINK

Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

TWISPP SICK POLICY

For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

Thank you for your cooperation in keeping everyone safe and healthy!

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.

MONTHLY OT/PT/ST TIPS!!!

Occupational therapy tip!



Materials: Container (Can use tupperware, cup, etc.). Glue, ribbon/yarn, stickers, construction paper

- Steps:
1. Glue on a handle using ribbon or yarn for the basket going at an arch on top of the opening. You can glue or tape the handle to the sides of the container
 2. Decorate the outside with construction paper, and/or stickers.
 3. Go outside and pick flowers for your May basket!

*Remember to make it a fun experience for your child and supervise all activities

physical therapy tip!

LET'S BALANCE!

With the weather warming up, it is important to keep your kids active. The CDC recommends that kids engage in 60 minutes of physical activity a day and most of the physical activity should be moderate to vigorous.

Ways to practice balancing with your child

- Start by having them kick a still ball with one foot
- Blow bubbles and have them 'pop' the bubbles with their feet
- Have your child step over small items (such as a pool noodle, or roll a towel up)

*remember to always be close to your child for safety



speech therapy tip!

TIPS TO IMPROVE PRE-LANGUAGE SKILLS

- PLAY**
 - Peek-a-Boo
 - Bubbles
 - Roll a ball back & Forth
- MODEL**
 - Talk about what your child is doing
 - Animal noises, environmental noises
 - using your child's AAC device
- FACE 2 FACE**
 - Get down to your child's level
 - hold items near your face
 - engage with your child on the floor
- SIMPLIFY**
 - use 1-2 word phrases
 - use short phrases to give directions
 - use a one word phrase paired with the sign language
- BE EXPRESSIVE**
 - use exaggerated facial expressions
 - use exaggerated motions
 - use exaggerated intonation
- KEEP ATTENTION**
 - put away your phone
 - turn the TV OFF
 - keep distractions to a minimal

CALENDAR OF EVENTS

	SUN	MON	TUE	WED	THU	FRI	SAT
28	29	30	1	2	3	4	
5	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31	1	

Events:

- May 12:** Mother's Day!
- May 14:** PEP Talk 10AM @ Gardena & zoom
- May 15:** Mother's Day Tea 11:15am Both Locations
- May 27:** Memorial Day TW Closed

Decorations: Large blue 'MAY' text on the left, blue and pink scribbles on the right, and '2024' at the bottom left.

TWISPP MONTHLY THEME

May 2024

THIS MONTH...

THEME: MUSIC

CONCEPT: LOUD & QUIET

COLOR: YELLOW

SHAPE: SQUARE

BOOKS OF THE MONTH

"Music Is"
by Brandon Stosuy

SONGS OF THE MONTH

"If You're Happy and You Know It"
"Hokey Pokey"
"When I Hear the Music"
"The Instruments in the Band"

PEP TALKS
SPEECH THERAPY:
ASL BASICS & COMMUNICATION

Tuesday 5/07 @ 9:15am
via zoom for WN

MOTHER'S DAY TEA
Wednesday 5/08 @
11:15am

at our Both Locations

All our PEP Talks are free and open to our Therapy West families. They will be held in our outdoor areas. Recommended to wear a mask.

If you have any questions or concerns, please give us a call at (310) 337-7115 ext. 166 or email us at twispp@therapywest.org

May is Better Hearing and Speech Month!



For more information, please visit www.ASHA.org

Don't forget to give Thanks to your Speech Therapist/s :)



May 6th is Teacher Appreciation Day! Give thanks to your teachers :)

TWISPP PEP TALK SCHEDULE

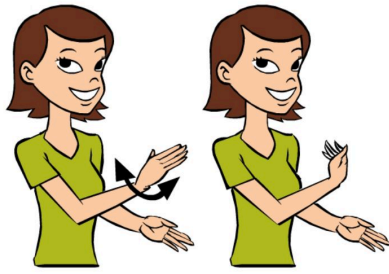
PEP Talk
Monthly Schedule
First Tuesday of every month

January	<p style="text-align: center;">GN in person-WN zoom</p> <p style="text-align: center;">Sensory strategies</p>
February	<p style="text-align: center;">WN in person-GN zoom</p> <p style="text-align: center;">Integrating language into play</p>
March	<p style="text-align: center;">GN in person-WN zoom</p> <p style="text-align: center;">GM development/safety</p>
April	<p style="text-align: center;">WN in person-GN zoom</p> <p style="text-align: center;">Establishing daily routines (feeding, sleep..)</p>
May	<p style="text-align: center;">GN in person-WN zoom</p> <p style="text-align: center;">Stepping stones for communication/Basic signing helps language</p>
June	<p style="text-align: center;">WN in person-GN zoom</p> <p style="text-align: center;">Summer activities for home</p>

Therapywest.org

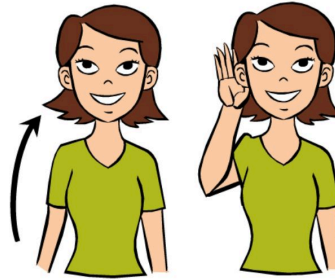
AMERICAN SIGN LANGUAGE

Learn Sign Language



"Music"

To sign music, hold out your non-dominant hand, palm up, holding it across your body. Then, take your dominant hand and wave it back and forth as if conducting an orchestra.



"Listen"

To make the sign for listen, point at your ear with your index finger. Alternatively, you can cup your hand to your ear as if you are straining to hear.

MEET OUR STAFF



JESSICA

Hi, my name is Jessica. I love working at Therapy West and I have been here for 6 years now. I am part of the billing team. In my spare time I love spending time with my 7 fur babies (cats), journaling and fashion.

COMMUNITY EVENTS



PARTICIPATING LOCATIONS



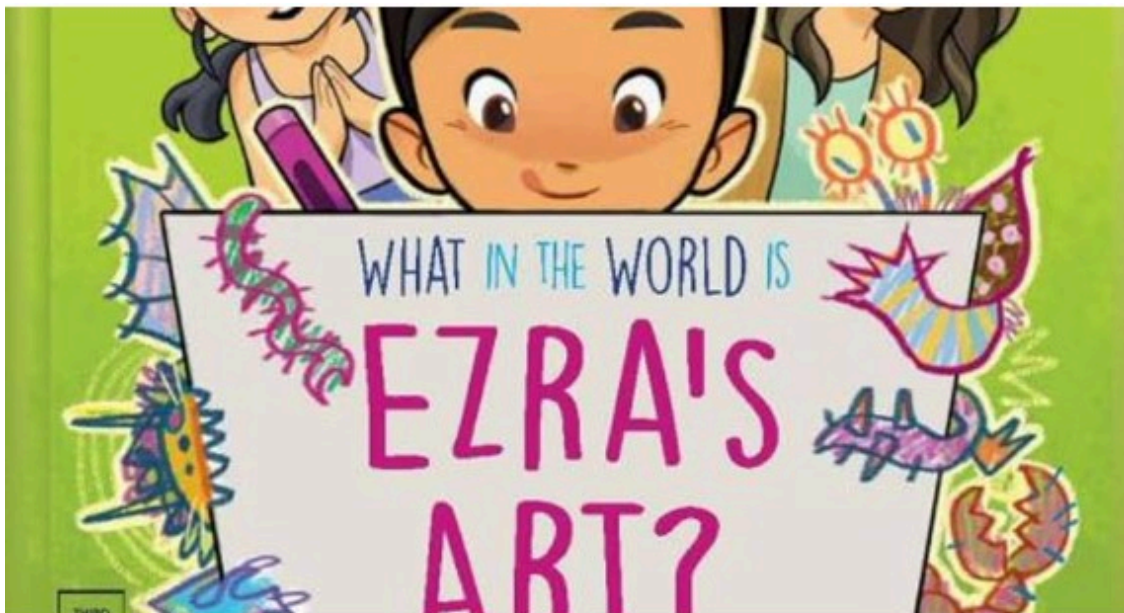
Kodomo no Hi Children's Day Celebration

📍 Isamu Noguchi Plaza



Sat, May 4
11:00am - 4:00pm

Free



What In The World is Ezra's Art? Storytime & Book Party

📍 Children's Book World



Sat, May 25
11:00am

THE THERAPY WESTERS SPREADING THE WORD...



THERAPY WEST STAFF JULIANA GUTIERREZ, JANET GUNTER, DOMINIQUE KIEFER, AND ERNA BLANCE HELD A 2-DAY COURSE FOR SCHOOL BASED THERAPISTS. WE WANT TO THANK THE PARENTS WHO BROUGHT THEIR CHILDREN TO RECIEVE TREATMENT DURING THE COURSE.



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11460 West Washington Blvd., Los Angeles, CA 90066*

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