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## Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066  
18333 South Main Street, Gardena, CA 90248  
310.337.7115



## Sign up for our newsletter

[Here](#)





[www.mommyspeechtherapy.com](http://www.mommyspeechtherapy.com)



### *Therapy West Cancellation Policy*

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

# TWISPP SICK POLICY

**For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:**

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

**They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)**

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

**Thank you for your cooperation in keeping everyone safe and healthy!**

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.



## Client Review

We value your feedback and are eager to hear from you. Whether you have suggestions for improvement or want to share positive experiences, please click on the link below to provide your input regarding Therapy West staff or therapists. Your opinions are important to us.

[Leave a review here!](#)

# Now Enrolling!

We have immediate availability in our center based program (TWISPP) at both of our locations!

GARDENA  
(vendor code HW0528)  
Monday - Friday  
9:00am-11:45am  
LOS ANGELES  
(vendor code H19268)  
Monday-Friday  
9:00am-11:45am



If you have any questions or would like to send referrals, please call us at 310-337-7115 ext. 166 or email us at [twispp@therapywest.org](mailto:twispp@therapywest.org)

As always, thank you for all your referrals!

## MONTHLY OT/PT/ST TIPS!!!

### Occupational therapy tip!



Materials: Container (Can use tupperware, cup, etc.). Glue, ribbon/yarn, stickers, construction paper

- Steps:
1. Glue on a handle using ribbon or yarn for the basket going at an arch on top of the opening. You can glue or tape the handle to the sides of the container
  2. Decorate the outside with construction paper, and/or stickers.
  3. Go outside and pick flowers for your May basket!

\*Remember to make it a fun experience for your child and supervise all activities

### physical therapy tip!

#### LET'S BALANCE!

With the weather warming up, it is important to keep your kids active. The CDC recommends that kids engage in 60 minutes of physical activity a day and most of the physical activity should be moderate to vigorous.

Ways to practice balancing with your child

- Start by having them kick a still ball with one foot
- Blow bubbles and have them 'pop' the bubbles with their feet
- Have your child step over small items (such as a pool noodle, or roll a towel up)

\*remember to always be close to your child for safety



# speech therapy tip!

## FIVE SONGS GREAT FOR SPEECH & LANGUAGE SKILLS



### HOP LITTLE BUNNIES

Adjectives: little  
Verbs: hop, walk, sleep, jump, skip  
Nouns: bunny



### OPEN SHUT THEM

Adjectives: wide, little  
Verbs: open, shut, clap, lay, give  
Nouns: lap, chin, mouth



### FIVE LITTLE DUCKS

Prepositions: out, over  
Sounds: quack quack  
Nouns: ducks, mother, hill, numbers



### PARTY FREEZE DANCE

Verbs: dance, freeze, stop  
Directions: "stop when I say freeze"  
Pronouns: I, you, everybody



### ANTS GO MARCHING

Verbs: go, march, climb  
Sounds: boom boom, hurrah  
Nouns: ants, thumb, ground, rain

free: ggonid/apspressing

## CALENDAR OF EVENTS

# May

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Better Speech and Hearing Month		Teacher appreciation MAY 6th		1	2	3
4	5	6 PEP TALK @ WN 9am & via ZOOM 12	7	8	9	10
11 Mother's Day	12 Muffins with Mom @ GN 9am	13	14 Mother's Day Event @ WN	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## TWISPP MONTHLY THEME

# May 2025

**THIS MONTH...**

**THEME:** MUSIC

**CONCEPT:** LOUD & QUIET

**COLOR:** YELLOW

**SHAPE:** SQUARE

**BOOKS OF THE MONTH**

"Music Is"  
by Brandon Stosuy

**SONGS OF THE MONTH**

"If You're Happy and You Know It"  
"Hokey Pokey"  
"When I Hear the Music"  
"The Instruments in the Band"

**PEP TALKS**

SPEECH THERAPY

BASIC SIGNING HELPS LANGUAGE

THURSDAY 5/06 @ 9:15 AM

In person @ WN & available via zoom

MUFFINS WITH MOM

@GN MONDAY 5/12 9AM

MOTHER'S DAY EVENT

@WN WEDNESDAY 5/14 TBD

All our PEP Talks are free and open to our Therapy West families. They will be held in our outdoor areas. Recommended to wear a mask.

If you have any questions or concerns, please give us a call at (509) 237-7143 ext. 106 or email us at [twisp@therapyywest.org](mailto:twisp@therapyywest.org)

May is Better Hearing and Speech Month!

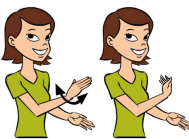
For more information, please visit: [www.ASHA.org](http://www.ASHA.org)

Don't forget to give Thanks to your Speech Therapist(s)!

May 6th is Teacher Appreciation Day! Give Thanks to your Teacher(s)!

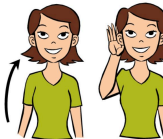
## AMERICAN SIGN LANGUAGE

### Learn Sign Language



### "Music"

To sign music, hold out your non-dominant hand, palm up, holding it across your body. Then, take your dominant hand and wave it back and forth as if conducting an orchestra.



### "Listen"

To make the sign for listen, point at your ear with your index finger. Alternatively, you can cup your hand to your ear as if you are straining to hear.

## MEET OUR STAFF

# CASSANDRA

Hello, my name is Cassandra! I started my journey at TW as a student volunteer for TWISPP, and I'm thrilled to now officially join the team as an aide. I graduated from the University of California, Irvine and later this fall I hope to begin my journey to becoming an OT. During my free time, I enjoy spending time with my dogs and going to Disneyland with friends. My hobbies include hiking and building Legos.



## COMMUNITY EVENTS



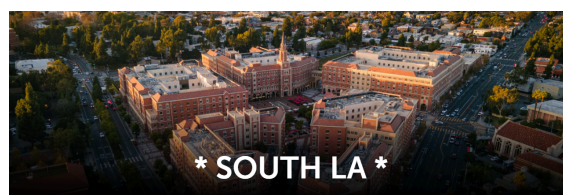
### PARTICIPATING LOCATIONS



Westside Events Here!!




South Bay Events Here!!



South LA Events Here!!



  
**my way  
matinee**  
a sensory friendly place where I can be ME!  
Free to move & talk • Lower sound • Brighter lights

### Sensory-Friendly Movies

Regal's My Way Matinee gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. This becomes a safe space where our guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films!

These showings will be the first show of the day on select Saturdays each month at participating locations.

Showings here



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Our mailing address is:  
11460 West Washington Blvd., Los Angeles, CA 90066\*

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