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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066
18333 South Main Street, Gardena, CA 90248
310.337.7115



Sign up for our newsletter

[Here](#)



Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

TWISPP SICK POLICY

For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

Thank you for your cooperation in keeping everyone safe and healthy!

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.



Client Review

We value your feedback and are eager to hear from you. Whether you have suggestions for improvement or want to share positive experiences, please click on the link below to provide your input regarding Therapy West staff or therapists. Your opinions are important to us.

[Leave a review here!](#)

Now Enrolling!

We have immediate availability in our center based program (TWISPP: 18 months- 3 years) at both of our locations!

GARDENA

(vendor code HW0528)

Monday - Friday

9:00am-11:45am

LOS ANGELES

(vendor code H19268)



Monday-Friday

9:00am-11:45am



If you have any questions or would like to send referrals, please call us at 310-337-7115 ext. 166 or email us at twispp@therapywest.org

As always, thank you for all your referrals!

Need Help

for Yourself or Your Child?

Resources & Services

Mondays & Weds (11:00am-7pm)
Thursdays (10am - 1:00pm)

Therapy West, Inc. has a new MSW Intern
Jennifer St. Jude (Ask Office Staff for Info.)

- Understanding Autism & DD/ID
- Benefits - Resources - Referrals
- Emotional or Behavioral Problems
- School Issues
- Insurance Problems
- Regional Center or SDP Info.
- Other Questions or Concerns







THERAPY WEST, INC.

SPANISH COURSE

Between July 10th and 20th, a group of expert therapists from Latin America and Europe will attend a course at Therapy West, Inc. The course focuses on new evaluation and intervention methods developed in the USA. Therapy West, Inc is recognized around the world as a state-of-the-art center focusing on children with developmental delays. Parents may be asked to have their children be part of the course. Erna Blanche, Juliana Gutierrez, and Dominique Kiefer will teach this course. For questions, please contact any of them.

impe@aol.com
dkiefer@therapywest.org
jgutierrez@therapywest.org



MONTHLY OT/PT/ST TIPS!!!

OCCUPATIONAL THERAPY TIP!



Shaving Cream/ Soap fun

Ingredients:

Shaving cream/Soap

Directions:

- play on the walls and windows, tables and in the bathtub
- draw silly pictures in the foam
- give cars, toys and dolls a bath
- make hand prints or finger prints

*remember to supervise children at all times



PHYSICAL THERAPY TIP!

LET'S STAY ACTIVE!

Summer Play Date Activity

A summer play date is a great way to enjoy time with friends and family outside while working on gross motor activities. While at your local park you can work on accessing the climbing structures- working on climbing up and down from various ladders, ascending and descending the stairs and descending the slides.



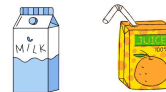
Also, encourage your children to walk across various surfaces (grass, sand, play turf, etc.) up and down inclines, along a curb and stepping over small obstacles. try to make the outings as fun as possible by including games such as searching for various objects that are placed around the playground (ex, balls, cars, small stuffed animals, etc.) or have them earn stickers by completing various 'missions'.

SPEECH THERAPY TIP!

THIS OR THAT?!

Create MORE communication opportunities!

- Create an opportunity where your child initiates and expresses what he or she wants on your terms by limiting choices to two options. For example "Do you want milk *OR* juice?" By doing so, you will help minimize daily conflicts. Giving choices also helps decrease tantrums by reducing power struggles and improves decision making skills.



CALENDAR OF EVENTS

July

2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 4 th of July	5
6	7	8 PEP TALK @ GN & @ WN	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30 Summer Splash Bash @GN	31		

TWISPP MONTHLY THEME

This Month...

THEME:
Things that Go
CONCEPT:
Stop & Go
COLORS:
Red, White & Blue
SHAPE:
Star

BOOKS OF THE MONTH
"How Will We Get to the Beach?"
by Brigitte Luciani

SONGS OF THE MONTH
"Up, Up, Up"
"The Wheels on the Bus"
"Twinkle Twinkle Little Star"
"Row, Row, Row Your Boat"

**TWISPP is
closed on
Friday,
07/04/2025**
**HAVE A SAFE AND HAPPY
FOURTH OF JULY!**

**BOTH LOCATIONS WILL BE OPEN
ON THURSDAY 7/3/25**

If your child is regularly
scheduled to attend class on
this day, please talk with your
TWISPP teacher to schedule a
make up class.

DON'T FORGET TO

**Notify your
teachers when
you are absent**

Please talk with your TWISPP
teacher and inform them when
you are going to miss class.
Teachers can reschedule
missed days.

Let us know if you have
summer plans

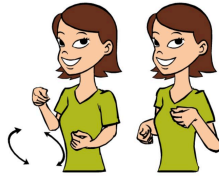
If you have any questions or
concerns, please give us a call at
(310) 337-7115 ext. 361 or email us at
twispp@therapywest.org

TWISPP EVENTS



AMERICAN SIGN LANGUAGE

Learn Sign Language



"Car"

Car is a fun sign that babies love. Place your hands around an imaginary steering wheel. Then turn the wheel from side-to-side as if you were driving.



"Train"

To sign train, take both hands, extending the middle and index fingers. Take your dominant hand and rub the fingers slowly down the fingers on the weak hand. It is like your fingers are a train, going down a pair of train tracks.

Learn Sign Language



"Go"

Sign go by pointing with both hands on the direction you wish to go.



"Stop"

Our non-dominant hand is placed flat with palm up and our dominant hand hits the flat side of the nondominant hand with hand extended, fingers together and palm visible.

MEET OUR STAFF

Hi there! My name is Kenzie, and I am an Occupational Therapist at the Gardena location. I completed my internship at the Gardena location Spring 2024, have been a TWISPP teacher for the past 9 months, and am now excited for my next journey as an OT. I recently graduated from The University of St. Augustine for Health Sciences with my Doctor of Occupational Therapy completing qualitative research with Chinese transracial intercountry adoptees and understanding their sense of identity and cultural belongingness to further understand how this impacts their occupations in early adulthood years. In my free time, I love going to Disneyland, attending dance and Pilates classes, spending time at the beach with my dogs and fiancé, trying new foods, and baking yummy treats (cookie page on IG @kookies_by_kenzie)!



COMMUNITY EVENTS



PARTICIPATING LOCATIONS



Westside Events Here!!



South Bay Events Here!!



South LA Events Here!!

Sensory-Friendly Movies

Regal's My Way Matinee gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. This becomes a safe space where our guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films.

These showings will be the first show of the day on select Saturdays each month at participating locations.

Showings here

THERAPY WESTERS SPREADING THE WORD...



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Our mailing address is:
11460 West Washington Blvd., Los Angeles, CA 90066*

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