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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066

18333 South Main Street, Gardena, CA 90248

310.337.7115

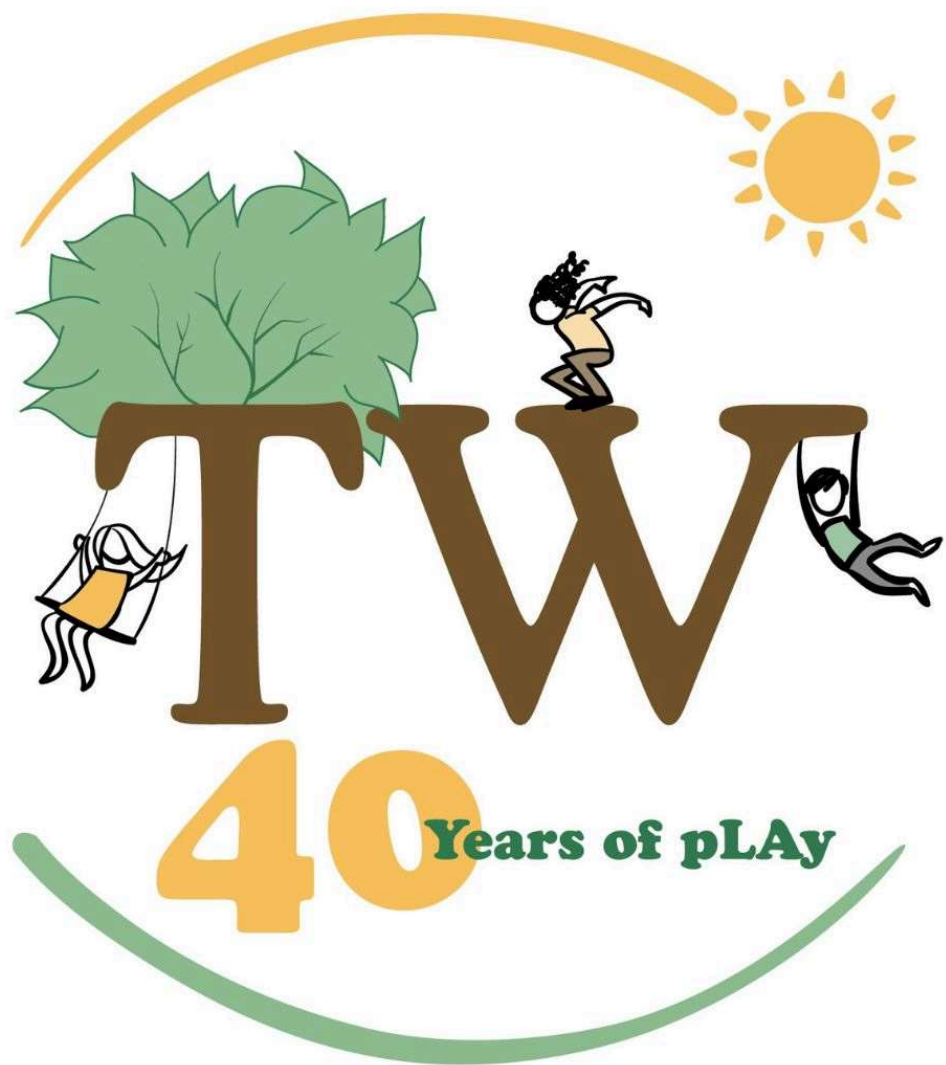




Sign up for our newsletter

[Here](#)







Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

TWISPP SICK POLICY

For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

Thank you for your cooperation in keeping everyone safe and healthy!

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.



Client Review

We value your feedback and are eager to hear from you. Whether you have suggestions for improvement or want to share positive experiences, please click on the link below to provide your input regarding Therapy West staff or therapists. Your opinions are important to us.

[Leave a review here!](#)

Now Enrolling!

We have immediate availability in our center based program (TWISPP: 18 months- 3 years) at both of our locations!

GARDENA

(vendor code HW0528)

Monday - Friday

9:00am-11:45am

LOS ANGELES

(vendor code H19268)

Monday-Friday

9:00am-11:45am



If you have any questions or would like to send referrals, please call us at 310-337-7115 ext. 166 or email us at twispp@therapywest.org

As always, thank you for all your referrals!

**Need Help**
for Yourself or Your Child?

Resources & Services

**Mondays & Weds (11:00am–7pm)**
Thursdays (10am – 1:00pm)

**Therapy West, Inc. has a new MSW Intern
Jennifer St. Jude (Ask Office Staff for Info.)**



- Understanding Autism & DD/ID
- Benefits – Resources - Referrals
- Emotional or Behavioral Problems
- School Issues
- Insurance Problems
- Regional Center or SDP Info.
- Other Questions or Concerns



MONTHLY OT/PT/ST TIPS!!!

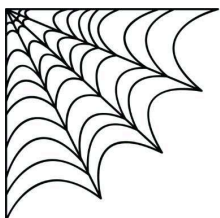
occupational therapy tip!

*Remember to make it a fun experience for the child and supervise all activities for safety.



Fun with Pumpkins

- **Pumpkin faces:** Decorate pumpkins using markers or paint, make different decorations on it or make funny faces
- **Pumpkin Goop:** Scoop out pumpkin goop with hands and spread it around on a tray for tactile play. Use spatula or spoon for those kiddos who are more sensitive to the wet slimy texture (*before playing with the goop, adult should safely open top of pumpkin)
- **Pumpkin Stamps:** Use pumpkin cut outs to stamp on paper



physical therapy tip!

Gross Motor Activities

- **Mummy Bowling:** Have your kid(s) decorate 10 water bottles using toilet paper, creating mummies. Align the mummy bowling pins in various arrangements and challenge your kid(s) to kick a small ball towards the pins to knock them down. Repeat and see who knocks down the most pins after 5 tries. This fun activity works on improving your kids strength, balance, and coordination.
- **Spider Web Crawl:** Using a spoon of yarn, tie it to various pieces of furniture around the house. Try to criss-cross the yarn to different pieces of furniture and at different heights. Challenge your kids to crawl through the spider web without touching it. This activity works on strength, balance and motor planning

speech therapy tip!

Identifying Family Members

🎃 October Speech Tip: “Pumpkin Talk!” ❤️

Pick a small pumpkin and turn it into a Talk-O-Lantern!

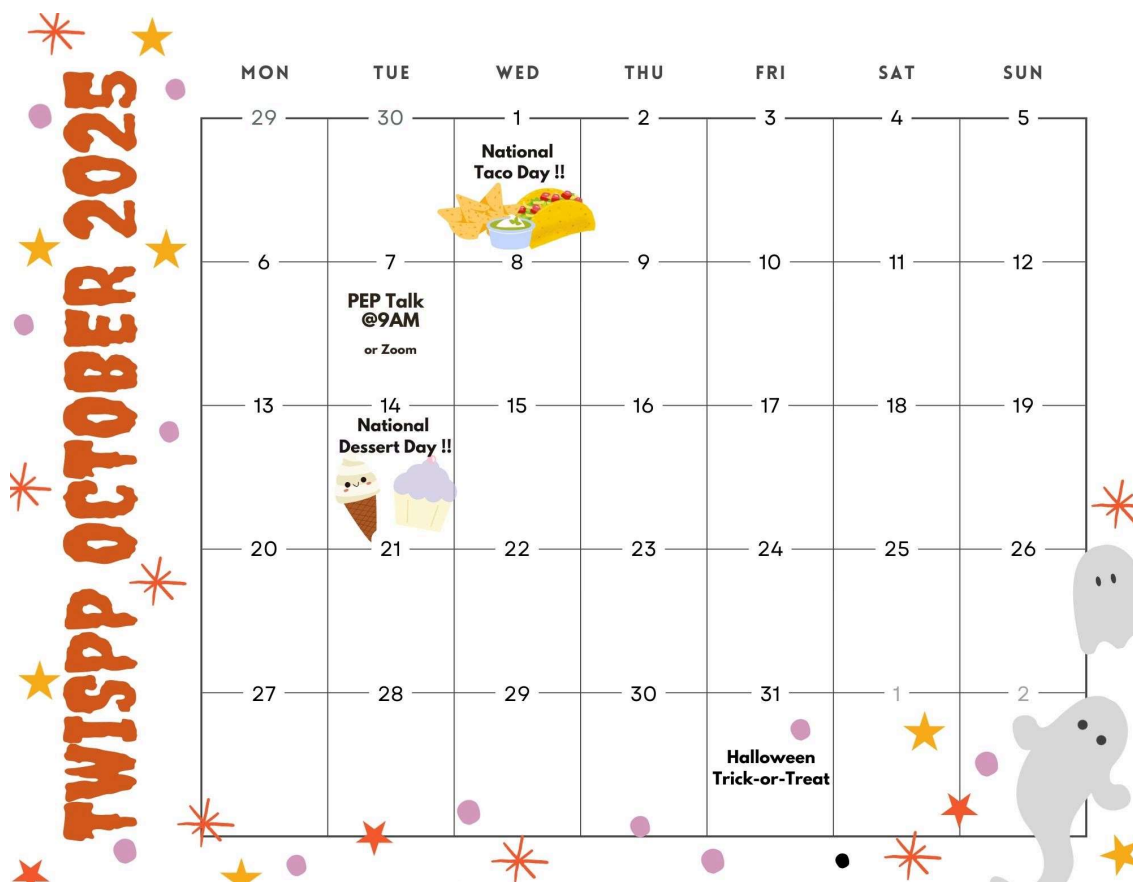
🗣️ How to play:

- Let your child decorate the pumpkin with a face (stickers or markers).
- Give the pumpkin a silly name together!
- Take turns asking the pumpkin questions or making it “talk” (e.g., “Hi! My name is Spooky. What’s your favorite candy?”).

💬 Why it works:

- Builds vocabulary, turn-taking, and imagination
 - Encourages expressive language through pretend play
 - Fun way to practice question & answer skills
- 🎉 Keep it playful and silly — kids learn best when they’re having fun!

CALENDAR OF EVENTS



TWISPP MONTHLY THEME



THIS MONTH

THEME:

PEOPLE

CONCEPT:

COUNTING

COLORS:

ORANGE

SHAPE:

TRIANGLE

BOOKS OF THE MONTH

"Duck and Goose Find a Pumpkin"
by Tad Hills

"Five Little Pumpkins"
by Dan Yaccarino

SONGS OF THE MONTH

"Five Little Ghosts"

"Jack-O'-Lantern"

"Trick or Treat"

PEP TALKS

**GROSS MOTOR ACTIVITIES
IN THE HOME/PARK**

**ALSO AVAILABLE VIA
ZOOM**

if you are interested in joining us for
any of these talks, please let your
teacher know and they will provide you
with the zoom link!



DRESS UP!

We will be dressing up each week as follows:

09/29 - 10/03 :

WILD HAT OR HAIR

10/06 - 10/10:

PAJAMAS

10/13 - 10/17:

SUPERHEROES

10/20 - 10/24:

SPORTS

10/27 - 10/31:

COSTUMES!

On Halloween Day (10/31) join us for
Trick or Treating!

If you have any questions or
concerns, please give us a call at
(310) 337-7115 ext. 166 or email us at
twispp@therapywest.org

TWISPP EVENTS



USED TOY SWAP

**USED TOY SWAP!
BRING, TRADE, AND TAKE - A COMMUNITY EVENT FOR
KIDS AND PARENTS TO SWAP GENTLY USED TOYS!**

DATE/TIME: TBD

HOW IT WORKS:

- 1. BRING GENTLY USED TOYS:**
- 2. BRING TOYS YOUR CHILD HAS OUTGROWN OR NO LONGER PLAYS WITH. MAKE SURE ALL PARTS AND PIECES ARE INCLUDED (NO MISSING PIECES OR BROKEN TOYS, PLEASE!).**
- 3. SWAP & FIND NEW TREASURES:**
- 4. BROWSE TOYS BROUGHT BY OTHER FAMILIES AND SWAP THEM FOR SOMETHING NEW (TO YOU!). YOU CAN TAKE HOME AS MANY TOYS AS YOU BROUGHT.**
- 5. NO MONEY EXCHANGED:**
- 6. THIS IS A 100% FREE TOY SWAP! IT'S ALL ABOUT TRADING TOYS WITH OTHER FAMILIES.**

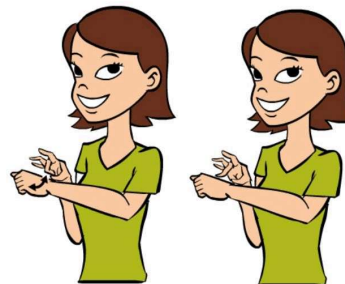
AMERICAN SIGN LANGUAGE

Learn Sign Language



"Friend"

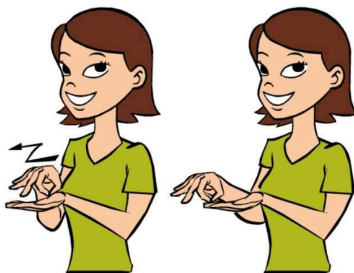
To make the sign for friend, hold out both of your index fingers hooked in a C-shape. Holding one hand with your C-facing up, hook the second C into the first. Then reverse the position for the hands and do it again. It is like your fingers are best friends and giving each other a hug.



"Pumpkin"

Pumpkin is signed by making your weak hand into a fist and flicking it with your forefinger on your dominant hand. The sign is like you are testing the surface of pumpkin to make sure it is good.

Learn Sign Language



"Count"

Your non-dominant hand should be flat with palm facing up to form a base. In your dominant hand, take your thumb and index finger together as if they are making an outline of a coin. Then run your imaginary circle along you non-dominant hand.



"Number"

Pinch your fingers together, and touch your two hands together, twisting your hands between touches.

MEET OUR STAFF

JORDYN

My name is Jordyn, and I'm currently a TWISPP teacher at the Gardena location. I'm so excited to be here in this role, especially after completing my one-year occupational therapy residency at the same location in 2025. I'm also a recent graduate of the University of Southern California (fight on!), where I earned my Doctorate in Occupational Therapy. My residency experience solidified my passion for working in early intervention and gave me hands-on opportunities to support young children and their families — an area of practice I find deeply meaningful and rewarding. Outside of the clinic, you'll usually find me at the beach, grabbing brunch, visiting Disneyland, or on the basketball court. Another big part of my life is basketball. I've been involved with the sport for years, and I currently serve as an assistant coach for the women's basketball team at El Camino College — go Lady Warriors! Coaching allows me to stay connected to my love of the game, work with an amazing group of athletes, and bring the same energy, discipline, and teamwork into my clinical and educational settings. So, if you see me running out of the clinic after hours, I'm probably heading straight to a practice or game! I'm thrilled to be a part of the Therapy West family and be able to support our TWISPP kiddos and their families. I hope to create a warm, inclusive, and engaging environment where every child can thrive.



COMMUNITY EVENTS



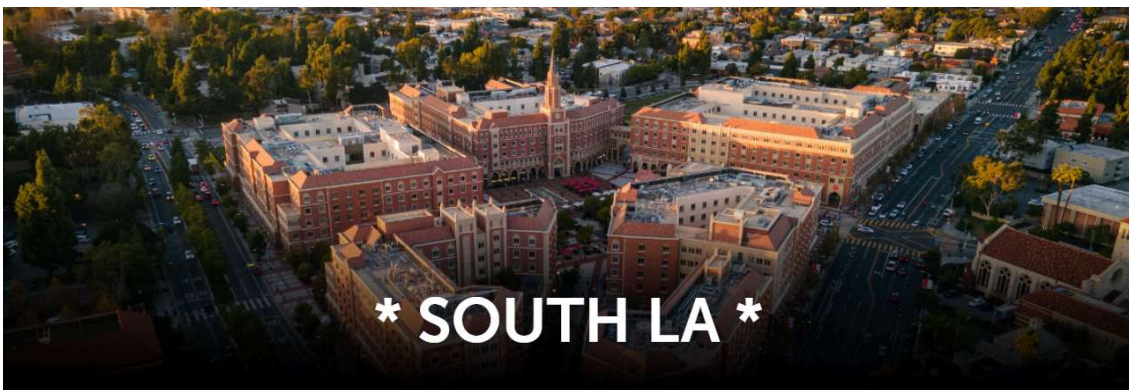
PARTICIPATING LOCATIONS




Westside Events Here!!



South Bay Events Here!!



South LA Events Here!!



REGAL

my way

matinee

a **sensory friendly** place where I can be ME!

Free to move & talk • Lower sound • Brighter lights

Sensory-Friendly Movies

Regal's My Way Matinee gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. This becomes a safe space where our guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films!

These showings will be the first show of the day on select Saturdays each month at participating locations.

Showings here

COMMUNITY EVENTS

NEWSLETTER (Oct)

From: Jennifer St. Jude, MSW Intern

Social Work Therapist Tip



Spooky Scary IEPs



So, what is an **IEP** and why is it scary? Parents don't think IEPs are scary, but schools might. An IEP stands for **Individual Education Program**. IEPs are specifically for children with disabilities that impact their learning. An IEP is a legal document that outlines the child's specific needs, goals, and the supports and services required for their academic success. It is also legally required by the Individuals with Disabilities Act (IDEA) that all eligible children are to have an IEP. In addition, it **MUST** be followed by the child's school or they are breaking a legal agreement and can be sued. **As you read look out for **highlighted** key words.*



What Do I Need to Know About IEPs



IEPs:

Are created by the IEP team which is made up of Parents, Caregivers, Teachers, School Psychologist, Special Educators, Treating Professionals, Nurse, School Administrator and more. Anyone who can help contribute to your child's IEP. You can bring anyone you want to an IEP meeting without notifying the school. (Except a lawyer. If you bring a Lawyer, you must notify the school so they can bring theirs.)

IEPs:

Are documents that outline what your child needs, their educational goals that should be written specifically answering who, what, where, when and how questions, and include a plan for helping them reach those goals. They also include any accommodations your child needs to **Access their Education**. If your child's school won't provide supports or services for your child's disability or isn't doing it effectively, you may need a Special Education Lawyer to help you. **Ask if your Special Education Attorney works on **contingency**, where they bill the school when they win the case or charge you nothing.*

IEP's: EVERYTHING must be WRITTEN down in an IEP or it doesn't exist!

To be Continued...



Boletine Informativo (Oct.)

de: Jennifer St. Jude, MSW Interna

Consejos de Trabajo Social



IEPs Espeluznante y Aterrador



Entonces, ¿qué es un IEP y por qué da miedo? Los padres no creen que los IEP den miedo, pero las escuelas sí podrían serlo. Un IEP es una sigla en inglés que significa: **Programa de Educación Individualizado**. Los IEP son específicamente para niños con discapacidades que afectan su aprendizaje. Un IEP es un documento legal que describe las necesidades específicas del niño, sus metas y los apoyos y servicios necesarios para su éxito académico. La Ley de Individuos con Discapacidades (IDEA) también exige legalmente que todos los niños elegibles tengan un IEP. Además, la escuela del niño DEBE seguirlo o estará rompiendo un acuerdo legal y puede ser demandado. *Mientras lee, busque las **palabras clave resaltadas**.



¿Qué necesito saber sobre los IEP?



IEP:

Son creados por el equipo del IEP, compuesto por los padres, los cuidadores, los maestros, el psicólogo escolar, los educadores especiales, los profesionales tratantes, las enfermeras, los administradores escolares y otros. Cualquier persona que pueda contribuir al IEP de su hijo puede asistir a la reunión del IEP sin notificar a la escuela. (Excepto un abogado. Si lleva un abogado, debe notificar a la escuela para que puedan traer el suyo).

IEP:

Son documentos que describen las necesidades de su hijo y sus metas educativas. Deben redactarse respondiendo específicamente a las preguntas de quién, qué, dónde, cuándo y cómo, e incluyen un plan para ayudarlo a alcanzar esas metas. También incluyen las adaptaciones que su hijo necesita para acceder a su educación. Si la escuela de su hijo no proporciona apoyos o servicios para su discapacidad o no los proporciona de manera eficaz, es posible que necesite la ayuda de un abogado de educación especial. *Pregunte si su abogado de educación especial trabaja a comisión, es decir, si le factura a la escuela si gana el caso o si no le cobra nada.

IEP: ¡TODO debe estar ESCRITO en un IEP o no existe!

Continuará...



**Parent
Connection
with
Jennifer
St.Jude**



**PAINT
THE
NIGHT**



THERAPY WESTERS SPREADING THE WORD...





DR.BONNIE NAKASUJI,OTD PRESENTED AT
THE RANCHO LOS AMIGO'S NATIONAL
REHABILITATION CENTER ON SEPT 18TH
ENTITLED "MERGING CULTURAL FLUIDITY
AND CULTURAL HUMILITY AS KEY IN OT
PRACTICE"



DOMINIQUE KIEFER AND ERNA BLANCHE TAUGHT AN 8-DAY COURSE IN HYDERABAD, INDIA, AND VISITED A CENTER PROVIDING SERVICES TO CHILDREN WITH DEVELOPMENTAL CHALLENGES.



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11460 West Washington Blvd., Los Angeles, CA 90066*

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