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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066

18333 South Main Street, Gardena, CA 90248

310.337.7115

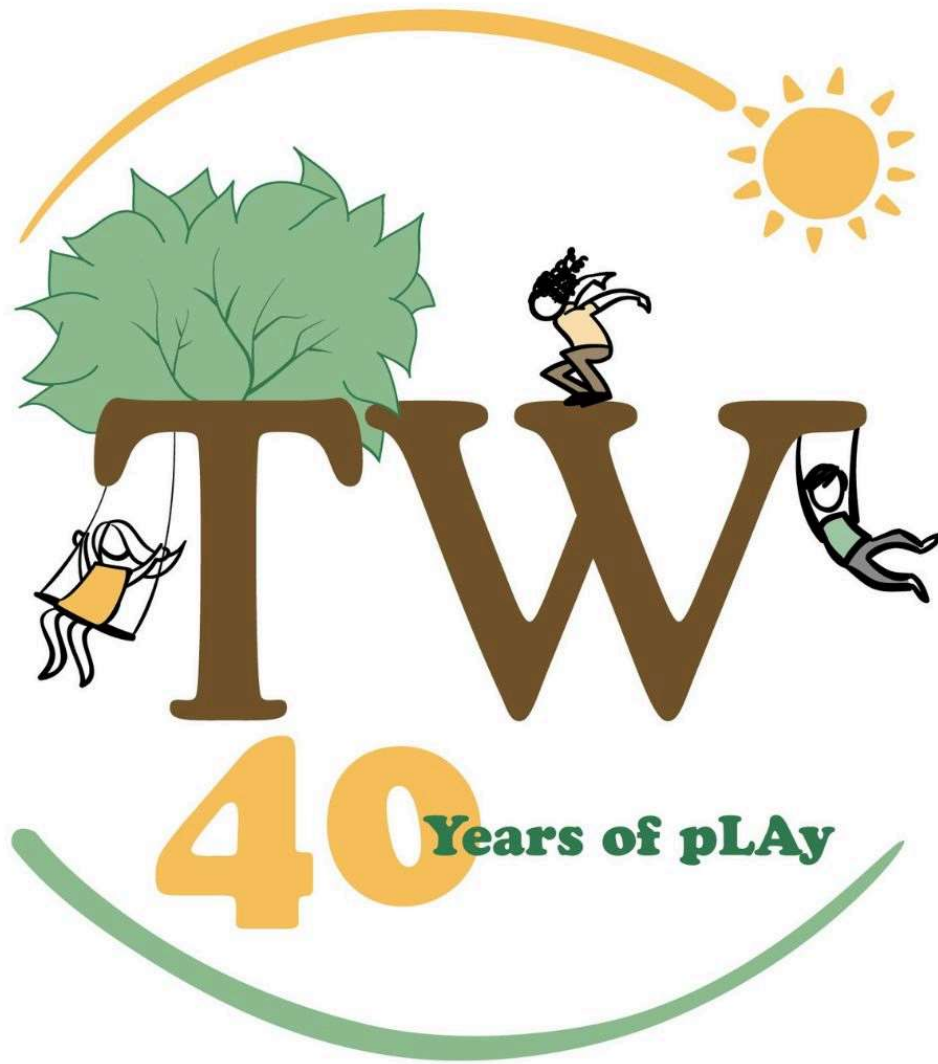




Sign up for our newsletter

[Here](#)







Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

TWISPP SICK POLICY

For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

Thank you for your cooperation in keeping everyone safe and healthy!

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.



Client Review

We value your feedback and are eager to hear from you. Whether you have suggestions for improvement or want to share positive experiences, please click on the link below to provide your input regarding Therapy West staff or therapists. Your opinions are important to us.

[Leave a review here!](#)

Free Self Determination PARENT INFORMATION Session

Join us for a free, supportive, and informative session designed for parents and caregivers who want to learn more about the Self-Determination Program (SDP). Learn the basics of SDP, important things families should know, and the role of the Independent Facilitator in supporting your journey.



DATE:
June 2nd, 2026

TIME:
6:00 PM

LOCATION:
Virtual Information
Session via Zoom

Meeting ID: 815 5396 7385
Passcode: 850964

WE'LL COVER:

- SDP BASICS:** An overview of the Self Determination Program
- IMPORTANT THINGS TO KNOW:** Key Information Every family should know.
- THE ROLE OF THE IF:** Understanding how your IF supports your journey



Hosted By
Therapy West & Dr. Adaim Ochoa
Founder and lead IF
E & Co inclusive Pathways Consulting





THERAPY WEST, INC.

**THERAPY WEST, INC.,
NOW ACCEPTS SELF-
DETERMINATION
FUNDING FROM THE
REGIONAL CENTERS.
IT CAN BE USED FOR
GROUPS SUCH AS
THE SOCIAL GROUPS
AND THE SATURDAY
CAMP**



Therapy West Presents: **THE ALL-STARS**

ARTS & ATHLETICS ENRICHMENT PROGRAM

Where **children of all abilities** move,
create, and shine

A UNIQUE, **EVIDENCE-BASED PROGRAM**
BLENDING **CREATIVE DRAMA & SPORTS**
FUNDAMENTALS TO SUPPORT:

- SOCIAL SKILLS
- COMMUNICATION
- ATTENTION & FOCUS
- EMOTIONAL REGULATION
- SENSORY PROCESSING
- MOTOR SKILLS
- SELF ADVOCACY
- TEAM-BUILDING



DETAILS

AGES: 4-10, FLEXIBLE
SATURDAYS 8:30AM-12:30PM
MAY 30TH - JULY 25TH
\$650, SDP ELIGIBLE



FOR MORE INFORMATION, PLEASE CONTACT:

SAVANNAH RUNGE, OTS (PROGRAM FACILITATOR): (323) 818-5715

JENNIFER ST. JUDE, MSW (COORDINATOR): JSTJUDE@THERAPYWEST.ORG

Now Enrolling!

We have immediate availability in our center based program (TWISPP: 18 months- 3 years) at both of our locations!

GARDENA

(vendor code HW0528)

Monday - Friday

9:00am-11:45am

LOS ANGELES

(vendor code H19268)

Monday-Friday

9:00am-11:45am



If you have any questions or would like to send referrals, please call us at 310-337-7115 ext. 166 or email us at twispp@therapywest.org

As always, thank you for all your referrals!

MONTHLY OT/PT/ST TIPS!!!

Occupational therapy tip!



Materials: Container (Can use tupperware, cup, etc.). Glue, ribbon/yarn, stickers, construction paper

- Steps:
1. Glue on a handle using ribbon or yarn for the basket going at an arch on top of the opening. You can glue or tape the handle to the sides of the container
 2. Decorate the outside with construction paper, and/or stickers.
 3. Go outside and pick flowers for your May basket!

*Remember to make it a fun experience for your child and supervise all activities

physical therapy tip!

LET'S BALANCE!

With the weather warming up, it is important to keep your kids active. The CDC recommends that kids engage in 60 minutes of physical activity a day and most of the physical activity should be moderate to vigorous.

Ways to practice balancing with your child

- Start by having them kick a still ball with one foot
- Blow bubbles and have them 'pop' the bubbles with their feet
- Have your child step over small items (such as a pool noodle, or roll a towel up)

*remember to always be close to your child for safety



speech therapy tip!

FIVE SONGS GREAT FOR SPEECH & LANGUAGE SKILLS



HOP LITTLE BUNNIES

Adjectives: little
Verbs: hop, walk, sleep, jump, skip
Nouns: bunny



OPEN SHUT THEM

Adjectives: wide, little
Verbs: open, shut, clap, lay, give
Nouns: lap, chin, mouth



PARTY FREEZE DANCE

Verbs: dance, freeze, stop
Directions: "stop when I say freeze"
Pronouns: I, you, everybody



FIVE LITTLE DUCKS

Prepositions: out, over
Sounds: quack quack
Nouns: ducks, mother, hill, numbers




ANTS GO MARCHING

Verbs: go, march, climb
Sounds: boom boom, hurrah
Nouns: ants, thumb, ground, rain

from: @gratefulexpression.slp

CALENDAR OF EVENTS

2026		June					
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
31 	1	2	3	4	5	6	
7 SUMMER		9	10	11	12 Donuts with Dad (or caregiver) @GN	13	
14	15	16	17	18	19 TW Closed in Observance of Juneteenth	20	
21	22	23	24	25	26	27	
28	29	30	1	2	3	4	

TWISPP MONTHLY THEME

June

This Month...

THEME: *Ocean*
CONCEPT: *Wet & Dry*
COLOR: *Blue*
SHAPE: *Rectangle*

BOOKS OF THE MONTH

"10 Little Rubber Ducks"
by Eric Carle

SONGS OF THE MONTH

"Slippery Fish"
"10 Little Bubbles"
"Baby Shark"
"The _____ In the Ocean"



PEP TALKS SUMMER ACTIVITIES FOR HOME

check in with your teachers



ALL OUR PEP TALKS ARE FREE
AND OPEN TO OUR THERAPY
WEST FAMILIES. PARENTS
AND CAREGIVERS ARE
WELCOME TO SIGN UP FOR
TALKS AT ANY LOCATION.

DONUTS WITH DAD!

In honor of Father's Day,
please join us for a chat with
our staff and fellow fathers
over, coffee, and pastries!
All caregivers welcome!

Friday, 6/12

at 11:00am
@the GN location

IF YOU HAVE ANY QUESTIONS OR
CONCERNS, PLEASE GIVE US A CALL
AT (310) 337-7115 ext. 166 OR
EMAIL US AT
twispp@therapywest.org

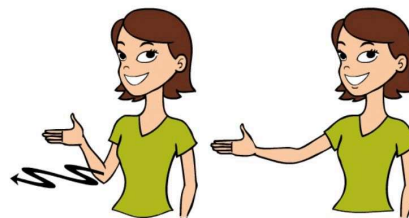
AMERICAN SIGN LANGUAGE

Learn Sign Language



"Beach"

To sign beach, take two open hands
with fingers facing forward and palms
pointing down towards the group.
Make wave-like motions with your
hands while advancing them forward.
The sign should look like waves rolling
across the ocean.



"Fish"

The sign for fish looks a lot like fish swimming
through the water. Take your dominant hand
and extend it with your thumb up and fingers
together. Hold out the hand with fingers facing
forward. Then, shimmy your hand as you
advance it forward.

MEET OUR STAFF



KERANCE

Hello! My name is Kerance (or Ms. K) and I am a new Occupational Therapist at Therapy West (Gardena). One of the things I look forward to when working with kids is also getting to be a "big kid" myself! I love to learn about the new lingo, new games, and interests of our fellow kiddos to stay in the loop. In my free time, I like eating, attempting to cook, binging tv shows or food related content, playing/napping with my sweet dog Chai, and adding to my never-ending list of "I want to learn/try this hobby". Random facts: I can't ride a bike, I am afraid of sharks, and I love putting together Ikea furniture.

COMMUNITY EVENTS



PARTICIPATING LOCATIONS



Westside Events Here!!



South Bay Events Here!!



South LA Events Here!!

REGAL

my way matinee

a **sensory friendly** place where I can be ME!

Free to move & talk • Lower sound • Brighter lights

Sensory-Friendly Movies

Regal's My Way Matinee gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. This becomes a safe space where our guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films!

These showings will be the first show of the day on select Saturdays each month at participating locations.

Showings here

COMMUNITY EVENTS

THERAPY WESTERS SPREADING THE WORD...





Happy Speech &
Hearing Month
(not pictured: Dori & Janessa)

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Our mailing address is:
11460 West Washington Blvd., Los Angeles, CA 90066*

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