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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066

18333 South Main Street, Gardena, CA 90248

310.337.7115



Email



Website



Instagram



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Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

TWISPP SICK POLICY

For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

Thank you for your cooperation in keeping everyone safe and healthy!

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.



Client Review

We value your feedback and are eager to hear from you. Whether you have suggestions for improvement or want to share positive experiences, please click on the link below to provide your input regarding Therapy West staff or therapists. Your opinions are important to us.

[Leave a review here!](#)



THERAPY WEST, INC.

**THERAPY WEST, INC.,
NOW ACCEPTS SELF-
DETERMINATION
FUNDING FROM THE
REGIONAL CENTERS.
IT CAN BE USED FOR
GROUPS SUCH AS
THE SOCIAL GROUPS
AND THE SATURDAY
CAMP**

Now Enrolling!

We have immediate availability in our center based program (TWISPP: 18 months- 3 years) at both of our locations!

GARDENA

(vendor code HW0528)

Monday - Friday

9:00am-11:45am

LOS ANGELES

(vendor code H19268)

Monday-Friday

9:00am-11:45am



If you have any questions or would like to send referrals, please call us at 310-337-7115 ext. 166 or email us at twispp@therapywest.org

As always, thank you for all your referrals!

MONTHLY OT/PT/ST TIPS!!!

occupational therapy tip!

*Remember to make it a fun experience for the child and supervise all activities for safety.

It's a great month to work on self-care skills. It's never too early to start with your child. To improve fine motor and visual motor skills, have your child help you with opening and closing containers (use safety and judgment according to age and types of containers). Have them help you to rip open packages such as oatmeal or tearing junk mail. For younger kids, have them stack containers, put food into a container through scooping or using hands. To work on cognitive skills, have children help with sorting laundry, groceries or containers. Older kids can help with folding laundry, or helping to make a grocery list with pictures or writing them out.



physical therapy tip!

SPORTS PROGRAMS:

Disabled Sports USA: <https://www.disabledsportsusa.org/>

National Center on Health, Physical Activity and Disability:
<http://www.nhcpad.org/Directories/Programs/USA/California>

Gymnastics-

Broadway Gymnastics School: <http://www.broadwaygym.com/>

Los Angeles School of Gymnastics: <http://www.lagymnastics.com/>

Dance-

GuiDANCE Autism: <http://www.guidanceautism.com/>

Creation Station Dance: <https://creationstationdance.com/>

Ballet for All Kids: <http://www.balletforallkids.com/>

Swimming-

One With The Water: <http://onewiththewater.org/>

Leaps'n Boundz: <http://leapsnboundz.com/>

Martial Arts-

Jun Chong Tae Kwon Do: <http://www.junchongtkd.com/>

Horseback Riding-

The Children's Ranch: <http://www.thechildrensranch.org/>



speech therapy tip!

Routine is a vital part of our everyday life style. We often find ourselves walking our children through the steps of these daily routines like we are on autopilot. How often do you repeatedly say "Now, it's almost bedtime. So, brush your teeth, wear your PJs, and get into bed."? For some parents, this is something that is said every night. For others, not only is this said every night, but it is repeated multiple times until the final step is complete. What if we stopped giving step by step directions and instead ask - "What should we do to get ready for bed?" By asking this question your child should have an idea of what that would look like. The other part to this question is for you to better understand and learn your child's perception of "being ready for bed." From there, you can guide your child through the steps with cues and other similar questions. Until they truly understand what it mean to get ready for sleep.



CALENDAR OF EVENTS

2026		August					
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
26 LAUSD: 8/12/26	27 CCUSD: 8/19/26	28 First Day of School TUSD: 8/20/26	29 LBUSD: 8/25/26	30	31	1	
2	3	4	5	6	7	8  International Cat Day	
9	10	11	12 	13	14	15	
16	17	18	19	20	21	22	
23 30	24 31	25	26  International Dog Day	27	28	29	

TWISPP MONTHLY THEME

TWISPP AUGUST 2026

THIS MONTH

THEME:
OUTDOORS
CONCEPT:
UNDER & OVER

COLORS:
GREEN

SHAPE:
DIAMOND

BOOKS OF THE MONTH

"We're Going on a Bear Hunt"
by Michael Rosen

SONGS OF THE MONTH

"Little Frogs"
"Twinkle, Twinkle"
"Itsy, Bitsy Spider"
"Mr. Sun"

Please talk with your TWISPP teacher and inform them of any absences or trips you may have planned. We can schedule you for makeup days.

If you have any questions or concerns, please give us a call at (310) 337-7115 ext. 361 or email us at twispp@therapywest.org

PEP TALK

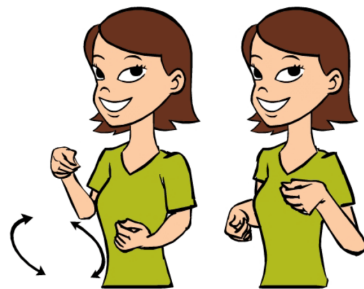
PLEASE SEE YOUR
TEACHER FOR MORE
INFORMATION

*zoom option will be available. please sign up with your teachers so that we can send you the link



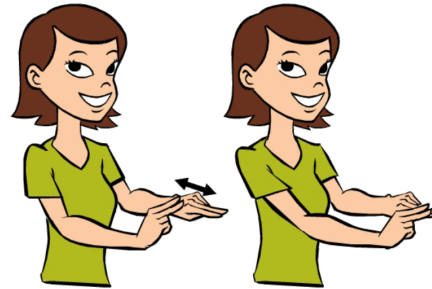
AMERICAN SIGN LANGUAGE

Learn Sign Language



"Car"

Car is a fun sign that babies love. Place your hands around an imaginary steering wheel. Then turn the wheel from side-to-side as if you were driving.



"Train"

To sign train, take both hands, extending the middle and index fingers. Take your dominant hand and rub the fingers slowly down the fingers on the weak hand. It is like your fingers are a train, going down a pair of train tracks.

Learn Sign Language



"Go"

Sign go by pointing with both hands on the direction you wish to go.



"Stop"

Our non-dominant hand is placed flat with palm up and our dominant hand hits the flat side of the nondominant hand with hand extended, fingers together and palm visible.

MEET OUR STAFF

DEBBIE



Hi, I'm Debapriya (Debbie) Bhattacharya, a Speech-Language Pathology Assistant (SLPA) passionate about helping children develop strong communication skills. I earned my bachelor's degree in Speech-Language Pathology Assistant studies and have experience working with children with a variety of speech and language needs, including articulation, language development, social communication, and AAC. With over 10 years of experience working with children across educational, behavioral, and therapeutic settings, I have developed a strong understanding of supporting each child's unique strengths and needs. I enjoy creating engaging, individualized therapy sessions that support growth and confidence. My goal is to provide compassionate, evidence-based services while partnering with families to help children achieve their communication goals.

COMMUNITY EVENTS



PARTICIPATING LOCATIONS



Westside Events Here!!



South Bay Events Here!!



South LA Events Here!!



REGAL
my way
matinee
a **sensory friendly** place where I can be ME!
Free to move & talk • Lower sound • Brighter lights

Sensory-Friendly Movies

Regal's My Way Matinee gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. This becomes a safe space where our guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films!

These showings will be the first show of the day on select Saturdays each month at participating locations.

Showings here

COMMUNITY EVENTS

THERAPY WESTERS SPREADING THE WORD...





WN Summer Festival





A photo of 1/2 of a group of 41 international OT's who are a part of a 4-week program at USC to learn about OT in the United States. USC and TW collaborated so they could see in action pediatric OT. They observed TWISPP, plus some OT direct one-on-one interventions and tried out some of the suspended and climbing equipment to better understand the sensory experience and motor demands when engaged with the equipment.



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11460 West Washington Blvd., Los Angeles, CA 90066*

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