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Located at:

11460 West Washington Boulevard, Los Angeles, CA 90066

18333 South Main Street, Gardena, CA 90248

310.337.7115



Email



Website



Instagram



Facebook



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Here







Therapy West Cancellation Policy

Regional Centers, School District, and Easter Seals:

- Clients must maintain 80% attendance.
- 2 no-shows will result in immediate removal from schedule.

Insurances:

- Clients must maintain 80% attendance.
- 2 no-shows results in immediate removal from schedule.
- Cancellations made more than 24 hours in advanced are not subject to a fee.
- Clients are allowed 3 cancellations per calendar year that are given with less than 24 hour notice. Starting on the 4th cancellation, the client will be charged a \$75 fee per session when cancelled within less than 24 hours.

TWISPP SICK POLICY

For the health and safety of you, your child, and all our families, we ask that you please keep your child home if they exhibit any symptoms of being ill including:

- Fever
- Wheezing or shortness of breath
- Hard cough
- Runny nose with yellow/green mucus
- Diarrhea or vomiting
- Redness or discharge in eyes (conjunctivitis)
- Sore throat or swollen glands
- Undiagnosed rashes
- Open sores
- Head lice and/or nits (must be completely cleared)

They can return when they are well and/or have a note from their pediatrician stating they are not contagious (For example, they do not have COVID, a respiratory virus, flu, rash, head lice, etc.)

If your child is positive with COVID (symptomatic or asymptomatic), they can return:

- After 5 days of isolation (the first day of symptoms is day "0"),
- PLUS fever free without fever reducing medication for at least 24 hours
- PLUS a negative COVID antigen test on day 6. They will have to be able to wear a well-fitting mask before, during, and after therapy when around others.
- If the COVID test on day 6 is positive, they must remain at home until they have completed 10 days of isolation.

If you will be keeping your child home from TWISPP, please make sure to let us know by calling and leaving a voicemail (310-337-7115 ext.361) OR by emailing us (twispp@therapywest.org) by 8:00am the morning of.

Thank you for your cooperation in keeping everyone safe and healthy!

When your child is no longer sick, we are happy to provide make up classes for the days they missed. Just ask your TWISPP teacher if there is space.



Client Review

We value your feedback and are eager to hear from you. Whether you have suggestions for improvement or want to share positive experiences, please click on the link below to provide your input regarding Therapy West staff or therapists. Your opinions are important to us.

[Leave a review here!](#)



THERAPY WEST, INC.

**THERAPY WEST, INC.,
NOW ACCEPTS SELF-
DETERMINATION
FUNDING FROM THE
REGIONAL CENTERS.
IT CAN BE USED FOR
GROUPS SUCH AS
THE SOCIAL GROUPS
AND THE SATURDAY
CAMP**

Now Enrolling!

We have immediate availability in our center based program (TWISPP: 18 months- 3 years) at both of our locations!

GARDENA

(vendor code HW0528)

Monday - Friday

9:00am-11:45am

LOS ANGELES

(vendor code H19268)

Monday-Friday

9:00am-11:45am



If you have any questions or would like to send referrals, please call us at 310-337-7115 ext. 166 or email us at twispp@therapywest.org

As always, thank you for all your referrals!

MONTHLY OT/PT/ST TIPS!!!

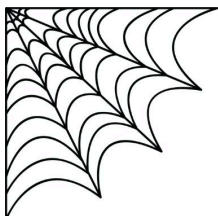
occupational therapy tip!

*Remember to make it a fun experience for the child and supervise all activities for safety.



Fun with Pumpkins

- **Pumpkin faces:** Decorate pumpkins using markers or paint, make different decorations on it or make funny faces
- **Pumpkin Goop:** Scoop out pumpkin goop with hands and spread it around on a tray for tactile play. Use spatula or spoon for those kiddos who are more sensitive to the wet slimy texture (*before playing with the goop, adult should safely open top of pumpkin)
- **Pumpkin Stamps:** Use pumpkin cut outs to stamp on paper



physical therapy tip!

Gross Motor Activities

- **Mummy Bowling:** Have your kid(s) decorate 10 water bottles using toilet paper, creating mummies. Align the mummy bowling pins in various arrangements and challenge your kid(s) to kick a small ball towards the pins to knock them down. Repeat and see who knocks down the most pins after 5 tries. This fun activity works on improving your kids strength, balance, and coordination.
- **Spider Web Crawl:** Using a spool of yarn, tie it to various pieces of furniture around the house. Try to criss-cross the yarn to different pieces of furniture and at different heights. Challenge your kids to crawl through the spider web without touching it. This activity works on strength, balance and motor planning

Identifying Family Members

Pick a small pumpkin and turn it into a Talk-O-Lantern!

- Let your child decorate the pumpkin with a face (stickers or markers).
- Give the pumpkin a silly name together!
- Take turns asking the pumpkin questions or making it “talk” (e.g., “Hi! My name is Spooky. What’s your favorite candy?”).

- Builds vocabulary, turn-taking, and imagination
- Encourages expressive language through pretend play
- Fun way to practice question & answer skills

CALENDAR OF EVENTS





THIS MONTH

THEME:
PEOPLE

CONCEPT:
COUNTING

COLORS:
ORANGE

SHAPE:
TRIANGLE

BOOKS OF THE MONTH

"Duck and Goose Find a Pumpkin"
by Tad Hills

"Five Little Pumpkins"
by Dan Yaccarino

SONGS OF THE MONTH

"Five Little Ghosts"

"Jack-O'-Lantern"

"Trick of Treat"

PEP TALKS

GROSS MOTOR

ACTIVITIES

**CHECK IN WITH YOUR
LOCATION FOR DAY AND**

**TIME
ALSO AVAILABLE VIA
ZOOM**

if you are interested in joining us for any of these talks, please let your teacher know and they will provide you with the zoom link!



DRESS UP!

We will be dressing up each week as follows:

10/05-10/09 :

PAJAMAS

10/12 - 10/16:

SPORTS

10/19-10/23:

SILLY HAT OR HAIR

10/26-10/30:

COSTUMES!

10/27: GN TRUNK-or-TREAT

10/28: WN TRICK-or-TREAT

If you have any questions or concerns, please give us a call at (310) 337-7115 ext. 166 or email us at twisp@therapywest.org

AMERICAN SIGN LANGUAGE

Learn Sign Language



"Friend"

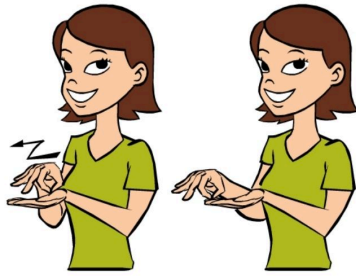
To make the sign for friend, hold out both of your index fingers hooked in a C-shape. Holding one hand with your C facing up, hook the second C into the first. Then reverse the position for the hands and do it again. It is like your fingers are best friends and giving each other a hug.



"Pumpkin"

Pumpkin is signed by making your weak hand into a fist and flicking it with your forefinger on your dominant hand. The sign is like you are testing the surface of pumpkin to make sure it is good.

Learn Sign Language



"Count"

Your non-dominant hand should be flat with palm facing up to form a base. In your dominant hand, take your thumb and index finger together as if they are making an outline of a coin. Then run your imaginary circle along your non-dominant hand.



"Number"

Pinch your fingers together, and touch your two hands together, twisting your hands between touches.

MEET OUR STAFF



WELCOME
LISA

Lisa Test. OTD. OTR/L. FAOTA. is an OT with many years of experience. Her expertise is working with children with developmental disabilities. sensory integration and school-based practice.

COMMUNITY EVENTS



PARTICIPATING LOCATIONS



Westside Events Here!!



South Bay Events Here!!



South LA Events Here!!



REGAL

my way

matinee

a **sensory friendly** place where I can be ME!

Free to move & talk • Lower sound • Brighter lights

Sensory-Friendly Movies

Regal's My Way Matinee gives everyone the opportunity to experience a movie with the lights turned up and the volume turned down. This becomes a safe space where our guests are free to express themselves by singing, crying, dancing, walking around, talking or shouting while enjoying Hollywood's latest films!

These showings will be the first show of the day on select Saturdays each month at participating locations.

Showings here

COMMUNITY EVENTS

THERAPY WESTERS SPREADING THE WORD...



**THE OCCUPATIONAL THERAPY ASSOCIATION
OF CALIFORNIA IS HAVING THEIR ANNUAL
CONFERENCE NOVEMBER 5-8. HERE ARE THE
THERAPY WESTERS WHO WILL BE
PRESENTING**

- ERNA IMPERATORE BLANCHE, JANET GUNTER:
“USING SENSORY INTEGRATION THEORY IN
CONTEMPORARY CLINICAL PRACTICE.” (4
HOURS)
- JANET GUNTER, JULIANA GUTIERREZ:
“CLINICAL REASONING USING SI THEORY IN
PRACTICE (1 HOUR)
- ERNA IMPERATORE BLANCHE: “LOOKING AT
RESOURCE DEVELOPMENT IN THE AUTISM
COMMUNITY THROUGH THE LENS OF
OCCUPATION” (1.5 HOURS)
- WINNY SOENARYO: “AUDITING THE LOAD:
OCCUPATIONAL BALANCE FOR OTP PARENTS” (1.5
HOURS)
- DOMINIQUE KIEFER & LISA TEST: “THE WRITE
STUFF: EVALUATION AND TREATMENT FOR
DYSGRAPHIA” (1.5 HOURS)

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11460 West Washington Blvd., Los Angeles, CA 90066*

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